

**IATA's
e-Learning
Academy:
EBP Course
Promotion**



**Register for the June Symposium and Receive a Free EBP Course!
Psychosocial Influences and Mental Health Outcomes in Sports-related Concussion: Learn how psychological treatment can address the emotional response to concussion and promote a more comprehensive recovery.**



This EBP course with discusses the emotional & psychological consequences of sport-related concussion. It focuses on how current cultural & psychosocial aspects of sports can influence an athlete's response to concussive injuries.

- **Depression, anxiety, and sleep-related difficulties are specifically addressed and potential psychological / behavioral interventions.**

At the end of this course, the learner will be able to:

- Identify the typical mental health outcomes that can occur after concussion.
- Identify how emotional symptoms can influence athletes' clinical presentation, their compliance practices, & their rehabilitation results.
- Describe how psychosocial components of athletics and the current culture of sport participation influences recovery from concussion
- Demonstrate how a health psychology paradigm and an inter-disciplinary approach to the clinical management is ideally suited for medical professional

Speaker:

Stephen Russo, PhD, Clinical Sport Psychologist/Concussion Expert

CEUs:

1.25 EBP CEUs

Category:

Essential/Beginner/Introductory

Type:

Pre-recorded Lecture (Internet enduring material, home study, e-learning)

Target Audience: Athletic Trainers, Psychologists, Physicians, PT, OT, School Nurse

Included with Registration: Access video on-demand course, slide handouts, support



ebpCENTRAL (BOC AP# P10138) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1.25 EBP Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

<https://iata.ebpcentral.com>

