



The Indiana Athletic Trainers Association is committed to providing quality healthcare for Hoosiers and strives to advance the athletic training profession.

# WWW.IATA-USA.ORG

# **President's Message**

I hope this newsletter finds each of you doing well. October is here which means the changing of the seasons. It is the color of the leaves, crisp nights, and hay rides with my family that makes October in Indiana so enjoyable for me.

October in Indiana also marks the time for the annual Fall Sports Medicine Symposium. This year, the Symposium will be held on November 1-2 at the Wyndham Indianapolis West formerly known as the Adam's Mark Hotel with the Awards Recognition Luncheon and Hall of Fame induction being held at 11 am on Sunday, Novem-



Craig Voll, LAT, ATC

ber 1st. I encourage everyone to mark those dates now on your calendar. I also would like to encourage anyone who can make it to join us on Sunday as we celebrate and honor the achievements of your colleagues across the state of Indiana. I applaud the efforts of Erin Clark, Susan Yeargin, Joe Harvey and the entire education committee, who are putting the finishing touches on a great program.

John Quincy Adams, when speaking about leadership, said that "If your actions inspire others to dream more, learn more, do more and become more you are a leader." I couldn't agree more. Being a leader, however, is a quality that many desire and few possess. A common misconception regarding leadership is that it will come without effort. Development of leadership skills must be actively pursued by placing yourself in the position to grow as a leader. To that end, service is an essential quality to becoming a leader especially within the profession of athletic training. As I have mentioned in this space before, if Indiana is to progress forward as one of the preeminent state organizations in the nation we need to nurture and mentor new leaders. This will not happen if we as an association are unable to get members interested in the affairs of the profession.

To the student members I remind you that developing your leadership skills early in your career can have many benefits that last a lifetime. By getting involved in leadership opportunities, you can intentionally put yourself in a position to succeed in your chosen career as a certified athletic trainer. With that said, the IATA has two exciting opportunities for our student members including our student representative position and a new IATA student panel. More information regarding these opportunities will be coming in the near future.

In conclusion, I want you to know that the Executive Committee values your opinion and wants to hear how we can better serve you. As always, if you have any questions, ideas, or would like to become more involved please email me at cavoll@purdue.edu.

Yours in good health, *Craig Voll, LAT, ATC* President, Indiana Athletic Trainers Association

# October 2009

# Indiana Athletic Trainers Association

## WWW.IATA-USA.ORG

The IATA is recognized by the Indiana State Medical Association Commission on Sports Medicine and the Governor's Council for Physical Fitness and Sports Medicine.

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## Upcoming Issues

Content Due	Newsletter Out
November 15	December 1
•••••	• • • • • • •
Date Subject to Change	

# IATA Executive Council

**President** Craig Voll, LAT, ATC *cavoll@purdue.edu* 

President Elect John Locke, MS, LAT, ATC *jlocke4@indy.rr.com* 

Past President Paul Plummer, MA, LAT, ATC pauleplummer@yahoo.com

**Secretary** Jessica Emlich, LAT, ATC *jemlich@franklincollege.edu* 

**Treasurer** Justin Miller, MS, LAT, CSCS *justin-miller@sbcglobal.net* 

IATA Central Office Ann Ninness & Casey Stevens 317-484-2630 casey@centraloffice1.com



For information covered in this electronic newsletter or to submit articles or ideas, please contact the IATA Communications Co-Chair:

Betsy Halwes bhalwes@hotmail.com

*Memorials* Please forward all notices of memorials to:

Jeff Stein, LAT, ATC, DPT jlstein@purdue.edu

# **IATA Students**

Now is the time to get involved! The IATA Executive Council is extending an invitation to any students that are interested in getting involved in the state association, to join the council and reps for a pizza dinner on October 8th. This will be a great opportunity for students to visit with the state officers and current student representatives. Attending students will also be invited to stay and join the student reps during the October IATA EC meeting to get a first hand look at the state leadership in action.

This event is FREE and open to any Indiana ATEP students interested in getting involved or learning more about the IATA leadership.

Any student interested is encouraged to contact Sam Zuege at svzueg01@louisville. eduorby phone at (765)-714-6001 for further details. RSVPs are needed by October 5th.

## Dear College/University Athletic Trainer:

For many years, the position of collegiate athletic trainer was one of great prestige, excitement, challenges and reward. While this may still be true to some degree, many in this setting have expressed concern over the growing list of new issues and requirements that have been placed on collegiate athletic trainers in recent years. During my tenure on the NATA's College and University Athletic Trainers' Committee, I have had numerous colleagues reach out to me personally to discuss the significant issues they are now facing in their positions.

In an effort to get a better idea of what these actual issues are, the CUATC, along with the Young Professionals' Committee, created a Job Satisfaction Survey. The purpose of the survey is to identify those areas that are crucial to our ability to provide proper athletic training services. We are asking that ALL college/university athletic trainers complete the survey, including those involved strictly in education and administration.

These survey results will be utilized in a planned discussion with the NCAA to help their staff, committees and other relevant individuals understand the issues we face as we work to provide necessary care for expanding programs and expectations, allowed activities, shrinking or stagnant staffs, new NCAA mandates, and changes in society related to health care.

In order for us to put together as complete a package as possible, we are asking that you take a few minutes to complete the survey. Anecdotal information is great, but it will only take us so far. The information provided in the survey is critical to our efforts to affect change. You can find the survey at:

http://www.nata.org/members1/cuatcsurvey.cfm

Thank you for your participation in this important project. I look forward to your responses.

Sincerely,

Chales R. Thompson

Charlie Thompson, MS, ATC Chair, NATA College and University Athletic Trainers Committee Head Athletic Trainer

# Indiana Athletic Trainers Association From District 4 Director Mark Gibson

I wanted to let you know about the APTA lawsuit and some of the details contained in the settlement agreement. First, a little background information about the lawsuit:

The NATA announced that an out-of-court settlement was reached in its Fair Practice Lawsuit against the American Physical Therapy Association (APTA) on Sept. 21, 2009. The NATA filed suit against the APTA for antitrust violations that unfairly restricted athletic trainers from practicing manual therapy. NATA filed the civil lawsuit in February 2008 because of ongoing anti-competitive actions taken by the APTA. NATA was informed by several members in Fall 2007 that the APTA and the Orthopaedic Section of the APTA had taken actions to restrict athletic trainers' access to education in – and the practice of – manual therapy techniques. Manual therapy is included in the athletic training competencies, scope of practice and licensure. NATA believed that this was another in a long series of attempts to limit access to continuing education on manual therapy. This limitation was an attempt to prevent athletic trainers from competing fairly with physical therapists in providing physical medicine and rehabilitation services.

The settlement agreement is known as the "Joint Statement on Cooperation" between NATA and APTA. It is a public document that will be displayed prominently and be readily accessible for members by both Associations for the next three years. Some major points of the Joint Statement are:

- The APTA acknowledges that athletic trainers are health care professionals authorized to provide interventions within their scope of practice.
- The APTA acknowledges that the scopes of practice of the two professions overlap to some extent.
- By signing the statement, the APTA agrees that athletic trainers work on "patients."
- The APTA agrees to compete ethically in the marketplace. APTA agreed not to make any false or misleading statements about ATs, including that they are "unqualified," "not qualified," "non qualified," or the like.
- The APTA agrees that PTs are not the exclusive providers of manual therapy, and ATs are qualified to provide manual therapy.
- The APTA agrees that the Physical Medicine and Rehabilitation codes are not exclusive to any one particular provider, with the exception of the evaluation and re-evaluation codes for both AT and PT.
- The APTA agrees that both ATs and PTs are required, per their academic education, to be competent in some forms of manual therapy. Both ATs and PTs are tested for competence in manual therapy.
- Both Associations agree that members should practice within their respective licensed or regulated scopes of practice, as determined by legislatures and regulatory bodies.
- The Joint Statement briefly outlines the educational, clinical and certification requirements for both professions, and notes that there are differences in education.
- The APTA acknowledges that the Dallas Federal District Court found that the case had merit to proceed. This is important because there is a very high standard for anti-trust cases to be accepted by a federal court. The APTA did not admit guilt and denies there was any factual basis for the suit.

I noticed that the NATA web page is having some technical difficulties right now due to a break in at the national office last week but, a complete explanation, will be available on the NATA Web site under FAQ's and Interpretation of Joint Statement on Cooperation.

I think you will be very pleased as you read the agreement when posted. This is a huge victory for NATA on behalf of athletic trainers. PT's will undoubtedly compete against AT's in the marketplace but who enjoys competition more than athletic trainers? Let me know if you have any questions.

## IATA

Committees Education David Craig dhcraig3@yahoo.com

Finance Scott Lawrance selawran@stvincent.org

Governmental Affairs Rick Shaw rick.shaw@amfam.com

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Alyssa McPherson ammcpherson@gmail.com





## **Platinum Level**



## Gold Level



# Henry Feuer, MD







# Indiana Athletic Trainers Association

# IATA Executive Council – **Call for Nominations**

Nominations are open for the 2009 IATA Executive Council. Please email John Locke (jlocke4@indyrr.com) or call IATA Central Office (317-484-2630) to submit your nomination.

Open positions are as follows: **President-Elect, Treasurer, Secretary** Nominations will be accepted until the close of the Business Meeting on November 2nd.

Mark Your Calendar - 42nd Annual Great Lakes Athletic Trainers Assoc. Meeting & Symposium

> March, 11-13, 2010 - "Back To The Back" Marriott Renaissance Center – Detroit, MI

> > **Detroit Red Wings Welcome GLATA:**

Join your fellow Great Lakes Athletic Trainers Assn members as the Detroit Red Wings take the ice for 2009-2010 Season. The Detroit Red Wings are providing the Great Lakes Athletic Trainers Assn a special savings on tickets for the Thursday March 11th game against the Minnesota Wild at 7:30pm. Save up to 33% off of box office prices, a savings not available to the general public!

If you are interested, cut and paste link in to web browser. Click on the Thursday March 11th game, you will be redirected to another page which will ask you to enter a promotion code, which is "GLATA" Next, you will need to click on "create an account" and follow the prompts.

You even get to pick your seats live! LINK: https://oss.ticketmaster.com/html/go.html?l=EN&t=redwings&o=3438598& g=230 (Cut and paste link in to web browser) Special Offer Code/Password: GLATA(Once you access the link, enter the code. Then you will be prompted to create an account so you can purchase and print your own tickets)

Marje Albohm has just been re-elected President of the NATA. Some additional information concerning the election is: 25,289 eligible voters 5,877 votes cast 23% voter turnout (2007 - 20%)

21 votes cast
43 votes cast
78 votes cast
04 votes cast
75 votes cast
66 votes cast

D4 Total 1187 votes cast 20% of votes cast came from D4

I want to thank everyone who encouraged participation and participated themselves in this election.

Mark H. Gibson, MSEd, MS, AT, PT Director, Athletic Training Program District Director, District IV, NATA

# WELCOME NEW **MEMBERS! Certified Regular Members**

Richard Garber, ATC - Andrews, IN

## **Student Undergrad Members**

Elizabeth Crim - Anderson, IN Justin Farr - Muncie, IN

James Hoch - Fort Wayne, IN

Katie Kondrat - West Lafayette, IN

Amie Pope - Franklin, IN

Katherine Rahke - Evansville, IN

Indiana Athletic Trainers Association		
<b>Register</b>	Foday!	
2009 IATA Annual Fall Meet	ing & Awards Luncheon	
November 1	-2, 2009	
Wyndham Indianapolis West for	ormerly Adam's Mark Hotel	
Indianapol	is IN	
CLICK HERE TO REGISTER ONLINE!	DOWNLOAD A BROCHURE HERE!	
Please check appropriate category: Before 10-23-09	After 10-23-09 & Onsite	
PROFESSIONAL—IATA Member\$60.00PROFESSIONAL—Nonmember\$80.00STUDENT (HS, Undergraduate, Graduate)\$25.00AWARDS BANQUET:ProfessionalsStudents\$15.00	\$80.00 \$100.00 \$35.00	
EDUCATIONAL PARTNERSHIP: UNIVERSITY # of students:	(please attach roster of names)	
Name	_Title	
Address		
City/State/ZIP		
Phone Email Address:		
Credit Card #		
(Visa, MasterCard, American Express)		
Questions about registration? Call IATA Central Office CONTACT: David Craig 317-509-083 STUDENT PROGRAM Alyssa McPherson—ammcpherson@gmail.com or For attending the IATA Fall Symposium and M	34 or dhcraig3@yahoo.com - CONTACT Sam Zuege—svzueg01@louisville.edu	

certificate of participation will be issued at registration and stamped daily.

# CELL PHONES FOR SOLDIERS, AED PADS and SILENT AUCTION

IATA will be collecting any old cell phones you wish to donate. They will be used to purchase prepaid calling cards for

US troops stationed overseas.

http://www.cellphonesforsoldiers.com/

IATA will be collecting any used or expired AED PADS.

For more details please contact Joe Harvey at jharvey@brebeuf.org

Silent Auction

Sunday, November 1 5:45 - 6:15

# **CLICK HERE TO REGISTER ONLINE!**





### The National Athletic Trainers' Association, Inc. And The American Physical Therapy Association

## JOINT STATEMENT ON COOPERATION

The National Athletic Trainers' Association, Inc. ("NATA") and the American Physical Therapy Association ("APTA") have agreed to settle their legal dispute pending in the United States District Court for the Northern District of Texas, Dallas Division. This Joint Statement on Cooperation arises from an effort by both Associations to work together to resolve differences through dialogue and mutual cooperation.

## The Associations

The NATA is the international professional membership association for athletic trainers ("ATs"). The NATA has more than 30,000 members. The NATA's mission is to enhance the quality of health care provided by certified athletic trainers and to advance the athletic training profession. Information about athletic training and the education, licensure, and certification of ATs is available on the NATA website, www.nata.org.

The APTA is the national association for licensed physical therapists ("PTs") and physical therapy assistants ("PTAs"). It has over 70,000 members. The mission of the APTA is to further the role of the physical therapy profession in the prevention, diagnosis, and treatment of movement dysfunction and the enhancement of the physical health and functional abilities of members of the public. Information about physical therapy and the education, licensure, and specialist certification of PTs is available on the APTA website, www.apta.org.

## The Litigation

The members of the NATA and the APTA share a dedication to improving the health, functioning, and well-being of their patients and clients. Over the years, these two organizations have cooperated at times on certain public policy issues, but they have also disagreed on other issues.

In early 2008, the NATA sued the APTA, alleging it had violated the antitrust laws and seeking injunctive and other relief. The APTA denies any factual basis for

## JOINT STATEMENT ON COOPERATION - Page 1 of 5

these allegations and contends NATA's claims lack any merit. The federal district court in Dallas denied APTA's request to dismiss the case, finding that NATA could maintain claims for declaratory and injunctive relief. The Court also stated, however, that NATA could not seek damages from APTA. Instead of continuing the legal dispute, the two sides have decided to enter into a settlement agreement and to issue this Joint Statement.

### Qualifications of Physical Therapists and Athletic Trainers

The APTA and the NATA acknowledge that physical therapists and athletic trainers are health care professionals authorized to provide interventions within their scope of practice as defined by applicable state law and, within that scope, to the extent of their individual educational/training competencies. The scopes of practice of the two professions overlap to some extent. The education, qualifications and training of the two professions are different. The patients and conditions treated and interventions performed by PTs and ATs are often different. The professional education of both physical therapists and athletic trainers calls for competence in some forms of manual therapy, on which physical therapists and athletic trainers are tested by their certification/licensure examinations.

#### Non-Exclusive Procedures

The APTA's longstanding position is that the term "physical therapy" should be used to characterize health care services only when those services are provided by a licensed PT or by a PTA acting under the direction and supervision of a licensed PT. The NATA recognizes that CPT codes 97001 and 97002 (physical therapy evaluation and physical therapy re-evaluation) are used to denote services provided by a licensed PT.

The NATA's position is that the term "athletic training" should be used to characterize health care services only when those services are provided by a licensed and/or certified athletic trainer. The APTA recognizes that CPT codes 97005 and 97006 (athletic training evaluation and athletic training re-evaluation) are used to denote services provided by a licensed and/or certified AT.

The NATA and the APTA both believe that the current Physical Medicine and Rehabilitation codes other than 97001, 97002, 97005 and 97006 are not exclusive to any one particular health care profession.

PTs are not the "exclusive" providers of manual therapy. Further, depending on individual qualifications and certification and state regulations, ATs are qualified to perform certain forms of manual therapy.

### JOINT STATEMENT ON COOPERATION - Page 2 of 5

### Legal Scope of Practice

The APTA and the NATA agree their members should practice within their respective licensed or regulated scopes of practice. The NATA and the APTA agree that the appropriate legal scope of practice for their respective members, as for any profession, is determined by legislatures and regulatory bodies. Both NATA and APTA agree it is a priority to protect the public from harm, and to compete ethically in the marketplace.

### Access to Continuing Education

With respect to continuing education programs offered by PTs or PTAs, the APTA has agreed to clarify its existing policy on continuing clinical education for non-PTs. The policy adopted by the APTA House of Delegates applies only to PTs and PTAs and says that they should identify the target audiences for continuing education programs and that course materials should indicate course content is not intended for use by participants outside the scope of their license or regulation. The policy also says that, in order to protect the public, physical therapists should not teach elements of physical therapy patient/client management to "individuals who are not licensed or otherwise regulated."

Because athletic trainers in the vast majority of states are licensed or otherwise regulated, this part of the policy does not apply to teaching ATs in those states where they are licensed or otherwise regulated. The House of Delegates policy does not require PTs to make determinations concerning the scope of practice of individuals who practice other professions.

The APTA and several APTA Chapters are continuing education providers approved by the National Athletic Trainers' Association Board of Certification, Inc. ("BOC"). The Associations agree that PTs and ATs are free to refrain from teaching certain content to any audience if they determine that the content is not appropriate for the audience, including, but not limited to, because someone lacks the requisite education and training.

### The Professions

- NATA states: ATs gain professional qualifications after: 1) graduation from a bachelor's or master's academic program accredited by the Commission on Accreditation of Athletic Training Education ("CAATE"); and 2) passing a national exam administered by the BOC, the independent credentialing body for the athletic training profession. The BOC certification program is accredited by the National Commission for Certifying Agencies ("NCCA"). Certified athletic trainers are required to obtain 75 hours of continuing education every three years. Athletic trainers are licensed, registered, and/or exempt from licensure in the statutes of 47 states. Athletic trainers serve patients through injury and illness prevention, clinical evaluation and diagnosis, appropriate interventions, management, and treatment of emergency, acute and chronic medical conditions, and rehabilitation.
- APTA states: PTs gain professional qualifications by: 1) graduating from a master's or doctoral academic program accredited by the Commission on Accreditation in Physical Therapy Education, which is recognized by the U.S. Department of Education; and 2) passing the national physical therapy licensure examination administered by the Federation of State Boards of Physical Therapy ("FSBPT") for all fifty states. PTs provide clinical examination and evaluation, diagnoses, appropriate interventions and rehabilitation to individuals of all ages who have impairments, limitations in activities or participation, or changes in physical function or health status resulting from injury, disease, or other causes, and they provide prevention and health promotion and wellness services.

### Truth in Advocacy

The NATA and the APTA agree that decisions about which professionals should be deemed qualified to provide particular services and which services provided by such professionals should be reimbursed by insurers and public programs are issues to be decided in the marketplace by consumers, insurers, federal and state legislatures, policy makers, and, in the case of athletic trainers (as dictated by state law), physicians. Thus, each Association and its individual members are free, like other citizens, to make truthful statements and to express their opinions about their professions or about others within the health care marketplace. That being said, statements made by the APTA and the NATA about PTs and ATs should not mislead consumers, insurers, physicians, or the public, and neither organization will make false or deceptive statements, including false or deceptive statements about qualifications of PTs or ATs. Specifically, neither organization will make false or misleading statements referring to PTs or ATs as "non-qualified," "unqualified," "not qualified," or any variation of these terms. Nothing in this Joint Statement shall be construed to impede the rights of either the APTA or the NATA to conduct all lawful activities, and make all lawful statements. Members and

### JOINT STATEMENT ON COOPERATION - Page 4 of 5

representatives of the APTA and the NATA should respect the rights, knowledge and skills of the other profession and compete honestly and ethically in the health care marketplace.

### Mutual Cooperation

The APTA and the NATA acknowledge many PTs and ATs have established productive, mutually respectful and collaborative relationships. Such cooperation should be fostered. The APTA and the NATA will commit, at the level of the two national associations, to confer periodically on issues of common interest and discuss interprofessional disputes.

### Inter-Association Communication

The NATA and the APTA agree to candidly discuss areas of friction between the organizations and identify issues on which the organizations can lawfully and appropriately work together to improve the health, functioning, and well-being of the communities they serve, including their patients and clients.

In

This Joint Statement is hereby signed on this 22<sup>ND</sup> day of September, 2009.

By APTA:

R. Scott Ward, PT, PhD President American Physical Therapy Association

By NATA: Mariorie bohm, MS, J President

National Athletic Trainers' Association,

JOINT STATEMENT ON COOPERATION - Page 5 of 5