

The Indiana Athletic Trainers Association is committed to providing quality healthcare for Hoosiers and strives to advance the athletic training profession.

WWW.IATA-USA.ORG

President's Message

Another academic year has come to a close which means summer is not too far behind. Regardless of your work setting, I hope you can take time this summer to reward yourself for all your hard work and dedication to the profession. As we know, this is the time when we can re-charge our batteries, catch up with friends, family and that seemingly never ending to-do list.



Craig Voll, LAT, ATC

The 13th Annual Summer Symposium will be held on Saturday, July 11th and Sunday, July 12th at the University of Indianapolis. The Education Committee led by David Craig and Adam Thompson are excited about the opportunity to bring to the membership, at a significantly discounted rate, a two day live functional seminar entitled "Introduction to Applied Functional Science and the Functional Hip" by the Gray Institute. This course would normally cost someone over \$500 but as a member you can attend this course for \$125. Registration is now open and available on-line at the IATA website.

July is right around the corner which means it is time to start planning to attend the Annual Golf Outing in addition to the Summer Symposium. The 17th Annual Golf Outing will be held Friday, July 10th at the Wood Wind Golf Club in Westfield, IN. Tim Drudge is planning a great event this year. Bring your coaching staff, your administrators, your physicians, your neighbors, and anyone that enjoys playing golf who you would enjoy networking with. All proceeds from this event will help to support the LAT-PAC.

Last year the executive committee finalized the creation of two (2) \$500 scholarships to be given annually to high school seniors who intend to pursue athletic training as a major within the state of Indiana. The first two recipients of these scholarships are Jon Paul Perkey from Hamilton Heights High School who plans on attending Indiana University and Brooke Ange of Snider High School who plans on attending the University of Indianapolis. These two will be recognized during the awards luncheon at the Fall Symposium on November 1, 2009.

As an update on the Executive Committee, I wanted to inform you that Kitty Newsham has stepped down as Governmental Affairs chair to pursue a new job in another state. I would like to take this time to

June 2009

Indiana Athletic Trainers Association

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The IATA is recognized by the Indiana State Medical Association Commission on Sports Medicine and the Governor's Council for Physical Fitness and Sports Medicine.

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Upcoming Issues

| Content Due | Newsletter Out |
|--------------|----------------|
| July 15 | August 1 |
| September 15 | October 1 |
| November 15 | December 1 |



Date Subject to Change

IATA
Executive Council

President

Craig Voll, LAT, ATC
cavoll@purdue.edu

President Elect

John Locke, MS, LAT, ATC
jlocke4@indy.rr.com

Past President

Paul Plummer, MA, LAT, ATC
pauleplummer@yahoo.com

Secretary

Jessica Emlich, LAT, ATC
jemlich@franklincollege.edu

Treasurer

Justin Miller, MS, LAT, CSCS
justin-miller@sbcglobal.net

IATA Central Office

Ann Ninness & Casey Stevens
317-484-2630
casey@centraloffice1.com



For information covered in this electronic newsletter or to submit articles or ideas, please contact the IATA Communications Co-Chair:

Betsy Halwes
bhalwes@hotmail.com

Memorials

Please forward all notices of memorials to:

Jeff Stein, LAT, ATC,
DPT
jlstain@purdue.edu

personally thank Kitty for her dedication and leadership as Chair of the IATA Governmental Affairs committee. Rick Shaw and Paul Plummer have graciously accepted to serve as co-chairs of the Governmental Affairs Committee; in addition, Kip Smith has agreed to serve as the Revenue Committee Chair. I am confident that these three will bring a great wealth of knowledge and experience to these positions as we go forward in the state with different initiatives.

In closing, Marjorie Moore was right when she spoke about volunteering this way: "Volunteering is the ultimate exercise in democracy. You vote in the elections once a year, but when you volunteer, you vote every day about the kind of professional organization you want to be associated with." Remember, whatever you do may seem insignificant to you, but it is most important that you do it!

The initiative of involving more members within the association continues to be the hallmark of my presidency. I am pleased to announce that numerous members have already answered this call to serve within the association. In fact, since March of 2008 twenty five members with no prior experience serving within the association have agreed to volunteer their precious time and serve on committees.

In conclusion, I want you to know that the Executive Council values your opinion and wants to hear how we can better serve you. As always, if you have any questions, ideas, or would like to become more involved please email me at *cavoll@purdue.edu*.

Yours in good health,

Craig Voll, LAT, ATC

President, Indiana Athletic Trainers Association

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**Press Realease from Bloomington Hospital - Rebound
Therapist Receives Award for Patient Care**

Bloomington, Ind. (May 14, 2009) – Because of her outstanding compassion and service as a physical therapist, Marie DeWolf, PT, DPT, LAT, ATC, physical therapist and athletic trainer at Bloomington Hospital's Rebound in Bloomington, Ind., has received the Halder & Katie Palmer Rehabilitation Services Award.

This award is given to a Bloomington Hospital employee who has earned the attention of his or her peers by showing outstanding compassion in the performance or support of rehabilitation therapy as well as empathy for and understanding of the immediate, and sometimes life-long, challenges faced by both patients and families.

DeWolf has demonstrated this through her work as a physical therapist at Rebound since 2006 and through community outreach as the athletic training mentor at Bloomington High School North. She specializes in sports medicine, orthopedic and neurological rehabilitation, and orthotic evaluation and prescription.

In addition to her work with Rebound, DeWolf is head athletic trainer for the Indiana Speed in the Women's Professional Football League.

IATA Awards

It is time once again to consider nominating a colleague for one of the annual IATA Awards. The award categories are:

Hall of Fame

Athletic Trainer of the Year Award

High School Division
College/University Division
Clinical/Professional Division

Distinguished Service Award

Honorary Membership Award

Athletic Director of the Year Award

We had no nominations earlier this year so we will be accepting nominations for this award to be given at the Hall of Fame and Awards Banquet this fall.

Criteria for each award can be found on the IATA website, along with the respective nomination forms. Nominations along with supporting documentation are due no later than August 15th. Please contact Joe Harvey, Awards Committee Chair (joharv@aol.com) with any questions. Please take this opportunity to nominate deserving colleagues for one of these awards.

Governmental Affairs

Former I.A.T.A. and G.L.A.T.A. President, Rick Shaw, has been selected to replace outgoing Governmental Affairs Chair, Kitty Newsham. Ms. Newsham has accepted a new position and will be relocating outside Indiana. Rick served as I.A.T.A. President from 1995 to 1998 and was very active in the successful change from our original 1993 Certification Act to our 1998 Athletic Trainer's Licensure Act.

"I am excited President Voll has asked me to help with this very important I.A.T.A. function. My hope is that my past experience will benefit the I.A.T.A. immediately and we can develop a long range plan with our lobbyist that will serve the changing needs of our membership." Plans are for Rick to serve in a Co-Chair capacity. "I would like to continue the excellent work Kitty has done and mentor interested members who would like to become involved." Members may contact Rick at RICKASHAW@aol.com



Student Athletic Training Workshop

David Craig of Craig Consulting, LLC, will continue the traditional 22 year old Student Athletic Training Workshop. The Workshop will be held on July 22-24, 2009 at the University of Indianapolis Ruth Lilly Hall. Administration fee will be \$25.00 for the three day workshop. Checks can be made payable to the Pacers Foundation. All fees will be donated to the Linda Craig Memorial Scholarship Fund which is part of the Indiana Pacers Foundation.

A flyer will be available soon. For more information please contact David Craig via email dhcraig3@yahoo.com or phone 317-509-0834.

IATA

Committees

Education

David Craig
dhcraig3@yahoo.com

Finance

Scott Lawrance
selawran@stvincent.org

Governmental Affairs

Rick Shaw
rick.shaw@amfam.com

Revenue

Kip Smith
wksmith@indiana.edu

Membership

Barb Caton
bhcaton@evsc.k12.in.us

Diversity

Marissa Simon
marissasimon13@yahoo.com

Honors & Awards

Joe Harvey
joharv@aol.com

Memorial Resolutions

Jeff Stein
jlstein@purdue.edu

All Stars

Jan Clifton
JMClifto@stvincent.org

High School

Ryan Fagan
ryanfa@ohusc.k12.in.us

College/University

Jennifer Popp
jenpopp@anderson.edu

Professional

Erin Barill
erin.barill@colts.nfl.net

Clinical/Industrial/Corporate

Jill Quigley
jillquigley2003@gmail.com

Communications

Jason Simala
jjsimala@hotmail.com

Betsy Halwes
bhalwes@hotmail.com

Student Representatives

Sam Zuege
szuege@purdue.edu

Alyssa McPherson
ammcpherson@gmail.com

IATA Corporate Sponsors

Click on Sponsor Logo to link to their web site.

Elite Level



Shelbourne Knee Center

at Methodist Hospital
www.FixKnee.com



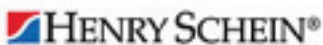
Platinum Level



Gold Level



Bronze



Henry Feuer, MD



Student Corner

The Student Representatives of the IATA asked the 11 ATEP's in the state of Indiana to collect pop tabs for The Ronald McDonald House of Indiana. The Ronald McDonald house is a facility which provides a place for families of children that are being treated at Riley Children's Hospital to stay free of charge. Providing this amazing service doesn't come without cost. The Ronald McDonald House relies almost entirely on donations and fundraising to keep its doors open for families in need. For every 1000 pounds of pop tabs collected the Ronald McDonald house receives seven hundred dollars which provides nine families with a one night's stay.

As a reward to the ATEP that collects the most pop tabs by weight, the IATA Executive Board has agreed to issue a FREE Education Partnership for the 2009 fall meeting. This will allow all ATEP students from the winning school to attend the IATA Fall meeting for free!

This project was a collaborative effort amongst all ATEP's in the state of Indiana to collect pop tabs for the Ronald McDonald house of Indiana. Although collecting pop tabs may seem like a simple project, it is unusual in the fact that we attempted to unite the AT students across the state for a common goal. We hope to continue with projects of this sort in the future.

Goals:

- ~ The main goal of the project was to help a worthy organization.
- ~ Additionally, this program provided for the ATEP students of the state to join together for a group community service project to promote the profession of Athletic Training while teaming up to help a worthy cause.
- ~ Through a competition format it was our goal to increase overall student interest in National Athletic Training Month as well as provide the opportunity for students to attend the IATA Fall meeting free of charge.

As a result of this friendly competition, the Indiana ATEPs collected a total of over 200 pounds of pop tabs for the Ronald McDonald house. The winning institution was Indiana State University and of course the Ronald McDonald House.



WELCOME NEW IATA MEMBERS!

Certified Regular Members

Shelby Howard, ATC
Indianapolis, IN

Anthony Origer, DC, ATC
Greenwood, IN

Student Undergrad Members

Jeremy Brost - Fowler, IN

Craig Gross - Evansville, IN

Alex Hitchcock - Yorktown, IN

Joseph Pavich - West Lafayette, IN



VOLUNTEERS NEEDED!!! – SPECIAL OLYMPICS

With summer quickly approaching we need to consider some of the events that will happen around the state that may need your help. Unfortunately, not all organizations have the money to compensate workers for medical coverage, so we turn to you and ask that you volunteer some of your time to help these groups out. The Special Olympics will be holding their Summer Games from June 5th-June 7th. They are looking for volunteers from the Athletic Training community to help provide services to these special athletes. If you are interested in volunteering please contact Scott Mingel at smingle@soindian.org. There is also information on their website at www.soindiana.org to sign up as a volunteer. This is the biggest event that the Special Olympics hold in the state of Indiana and they desperately need our help. If you are able to participate your help is greatly appreciated, if you cannot and would like to help with one of the Special Olympics events in your area, please check out their website for more information. This amazing group of people needs our help to keep their athletes safe and healthy while participating. It is an honor that they come to us seeking assistance.

IATA T-Shirt Drawing

Would you like a FREE t-shirt with the IATA logo? You can! No catches, you just have to read the newsletter! If you would like the opportunity to win a FREE IATA t-shirt, simply send an email to iatacc@hotmail.com with your name, address, place of employment, and shirt size (ladies, they are unisex sizes so adjust accordingly!) by June 15th. Winners will be drawn on June 15th and a list of the lucky ones will be printed in the next newsletter! Please allow 6-8 weeks for delivery.

Annual IATA Golf Outing 2009

The 17th ANNUAL GOLF OUTING will be held at Wood Wind Golf Club on Friday, July 10th. Registration opens at 11:00 am - Lunch begins at 11:30 am with a shotgun start at 1:00 p.m. The cost of the outing is \$80.00 per golfer and \$12.00 per lunch for any guest who is not golfing. **CLICK HERE TO REGISTER!**

For further information on the golf outing, contact IATA Central Office at 317-484-2630 or casey@centraloffice1.com.

NATA StarTRACKS Leadership Scholarship

As President, I would like to tell you about an exciting new opportunity for IATA members. The IATA Executive Council has created two (2) \$350.00 scholarships for IATA members to participate in the NATA StarTRACKS Leadership Development program. The StarTRACKS Leadership Development program, which the NATA began in June of last year, is a self-study program for athletic trainers wishing to create, improve, or refine their leadership skills. The curriculum is broken down into four areas: Leadership, Management, Guiding the Profession, and Strategic Thinking. Each of these areas is broken down into specific goals, with specific associated content/assignments to accomplish each of these goals. The materials associated with these assignments include books, other readings, general sessions and workshops at the NATA Annual Meeting and Clinical Symposium, the BOC Regulatory Conference, and public speaking. Participants are expected to complete the program in two years.

This curriculum is available to all members of the NATA. You can track your progress on the NATA website. I would encourage you all to take a look at the curriculum and begin to work through some of the materials. The readings are nothing but beneficial. They will enhance your ways of thinking about your personal life, your professional life, your involvement in your community, and also your professional organizations. This is not a curriculum that focuses on any demographic group – it truly can benefit all members. Also, the cost of the program is minimal. Most of the books are available at your local library, and there are additional readings that are available on the web. The major expense is the cost associated with the various meeting fees.

To help offset the expenses; IATA is offering two, \$350 scholarships per year, which can be used toward the costs associated with the program. Because StarTRACKS is a leadership development program, IATA does have some expectations of the scholarship winners in return.

Sponsored Leadership Scholars must agree:

- To seek and attain a leadership position in the State Association
 - o AND present a topic on Leadership at the IATA Fall Meeting and Symposium.
- Leadership Scholars will be reimbursed for the IATA presentation according to Annual Fall Meeting and Symposium guidelines.
- Leadership Scholars will cover all expenses associated with their activities outside the StarTRACKS fees (travel, housing, meals, Toastmaster's dues, etc).
- Attend the biannual BOC Regulatory Conference.
 - o OR attend the Annual State Leadership Forum at the NATA Annual Meeting

Again, these are the responsibilities if you are selected by IATA to receive the \$350 scholarship. To me, this is a great way for the NATA and IATA to develop leaders at the grass roots level in order to ensure the long-term viability of our associations and our professions.

I encourage everyone to apply for this program. The application for the \$350 scholarship can be found on the IATA website. You can also obtain a copy by contacting me at cavoll@purdue.edu

Even if you are not interested in applying for the assistance from IATA, I would still encourage you to look up the curriculum in the members section of the NATA website. Again, most of the materials are available at your local library or on the internet. And the materials are nothing but beneficial, and can change the way you approach all aspects of your life.

Yours in good health,

Craig Voll
President, IATA

ANNUAL GOLF OUTING - FRIDAY, JULY 10TH
REGISTRATION - 11:00 AM
LUNCH AT 11:30 AM
SHOT GUN START 1:00 PM
Wood Wind Golf Club - 2302 West 161st St.
Westfield, IN 46074
WOOD WIND PHONE: 317-896-2474

The **GOLF OUTING** will be held at **Wood Wind Golf Club** on Friday, July 10th. Registration opens at 11:00 a.m. Lunch begins at 11:30 a.m. with a shotgun start at 1:00 p.m. The cost of the outing is \$80.00 per golfer and \$12.00 per lunch for any guest who is not golfing. For further information on the golf outing, contact IATA Central Office at (317) 484-2630 or casey@centraloffice1.com

EDUCATIONAL SYMPOSIUM
University of Indianapolis – Good Hall
1400 E. Hanna Ave. ~ Indianapolis, IN 46227



Receive 15 BOC CEUS for Attendance



Lenny Parracino, CMT, FAFS
(Fellow of Applied Functional Science)
Gray Institute Faculty

July 11th & 12th Tentative Schedule

| | |
|------------------|---------------------|
| 7:30 am—8:00 am | Registration |
| 8:00 am—12:00 pm | Lecture |
| 12:00 pm—1:00 pm | Lunch (on your own) |
| 1:00 pm—5:00 pm | Lecture/Lab |

Lenny is a former author, hands-on instructor, and clinician for *The National Academy of Sports Medicine*. Currently he serves as a faculty member of the *Gray Institute of Applied Functional Science*. He has spent over 20 years serving the health industry as an international lecturer, soft-tissue therapist, and movement therapist. Lenny has performed over 200 lectures, has written educational materials and consulted/lectured for organizations such as: *The National Academy of Sports Medicine, Perform Better, PTontheNet.com, Cooper Clinic* in Dallas Texas, *Tennis Clubs of America University, IDEA World Health and Fitness Conference, 24 Hour Fitness*, and *Sports Club Company*, as well as other fitness, educational and medical facilities around the world. Lenny has earned his degree in Health Science, is a Fellow of Applied Functional Science, holds a California certification/license to practice soft tissue therapy and is a certified provider of the medically patented *Active Release Techniques®*. As a full-time therapist, he integrates an eclectic approach of soft-tissue therapy and movement conditioning at *Kinetic Conditioning Institute* in Montrose, California.

DAY 1: INTRODUCTION TO APPLIED FUNCTIONAL SCIENCE

Course Overview:

An innovative one-day seminar, that provides participants with essential principles, strategies and techniques of Applied Functional Science. This seminar encourages direct participation and interaction with the instructor and participants to enhance the ability to assess and address client/patient function. During this course you will learn a principle based approach to creating strategies from the principles of Applied Functional Science. This class is designed for all health professionals and applies to all client / patient populations.

DAY 2: FUNCTIONAL HIP

Course Overview:

A new and innovative one day seminar providing participants with essential principles, strategies and techniques of Applied Functional Science. This seminar encourages direct participation and interaction with the instructor and participants to enhance the ability to assess and address client/patient function. During this course you will learn a principle based approach to creating strategies for assessment/testing, prevention, training and rehabilitation to facilitate improved functional thresholds. This class is designed for all health professionals and applies to all client/patient populations.

CASUAL ATTIRE SUGGESTED (shorts, sweats, t-shirt)

ACCOMMODATIONS

TO MAKE RESERVATIONS FOR OVERNIGHT ACCOMMODATIONS, PLEASE CALL
THE HOLIDAY INN EXPRESS AND ASK FOR THE **IATA** ROOM BLOCK.
PHONE: 317-791-9100
LOCATION: HOLIDAY INN ~ 5302 VICTORY DRIVE ~ INDIANAPOLIS, IN 46203
ROOM RATE: \$104.99 + TAX (RESERVE BY JUNE 30)

IATA 2009 Summer Symposium & Golf Outing
Registration Form

Golf ~ Friday, July 10th & Education ~ Saturday—Sunday, 11th—12th

Instructions: There are three options for registering for this year's summer event! Please complete this form and mail with your payment to the address below -- or register online at www.iata-usa.org.

- 1) Sign me up for the Symposium on Saturday and Sunday!**
 - IATA MEMBER—Symposium Tuition Early Bird Rate \$ 125.00
 - NON-MEMBER—Symposium Tuition Early Bird Rate \$ 150.00
 - If registering AFTER June 1st, please add \$25.00 late fee \$ _____
- 2) Sign me up for golf on Friday! (Proceeds benefit LAT-PAC)**
 - Single Participant - Golf Outing (includes lunch) \$ 80.00
 - Golf Outing (lunch only) \$ 12.00
 - Foursome (please complete names below) \$320.00
 - I cannot attend please accept my LAT-PAC donation for \$ _____
- 3) Sign me up for golf on Friday and the Symposium on Saturday & Sunday!**
 - Golf Outing (includes lunch) \$ 80.00
 - IATA MEMBER Symposium Early Bird Rate \$ 125.00
 - NON-MEMBER Symposium Early Bird Rate \$ 150.00
 - If registering AFTER June 1st, please add \$25.00 late fee \$ _____

Name: _____
(as you wish to appear on name tag)

Institution: _____

Mailing Address: _____

City: _____ **St.:** _____ **Zip:** _____

Day Phone #: () _____ **NATA Member #:** _____

E-mail: _____

Method of Payment: ___ Check ___ Credit Card (Visa, MC) **Total Payment:** \$ _____

Card Number: _____ **Exp:** _____

Name on Card: _____

Signature: _____

CANCELLATION POLICY: A full refund will be given if requested by June 30th. No refunds will be given after that date.

*If registering after June 1st please add a \$25.00 late fee.

**A \$25.00 fee will be charged for all checks returned to IATA for non-payment.

Golfing? If you wish to be grouped with other golfers, please list names here:

Questions? Contact: Ann Ninness or Casey Stevens at 317-484-2630 or email casey@centraloffice1.com

Make checks payable to the **Indiana Athletic Trainers' Association** and mail to:

IATA Central Office
 PO Box 24167
 Indianapolis, IN 46224-0167
 or
 fax with credit card information to:
 317-481-1825

(Individual golfers will be randomly assigned to other groups).