

President's Message

I hope this newsletter finds you doing well. It is February in Indiana and that means Old Man Winter has us firmly in his grip. February is also a time of change in the IATA as John Locke is set to transition into the Presidency in March.

It is hard to believe that it has been two years already. I want to say, first and foremost, that it has been both an honor and a privilege to have served as your President. One of the reasons why is you, the members; I have met so many great athletic trainers from across the state during the past couple of years. We truly are a profession made up of unsung heroes. Many times we are the first to arrive and the last to leave, all the while working behind the scenes and avoiding the limelight. I know I personally have always been one to shy away from any recognition because I felt as if I was just doing my job! Even though all of us athletic trainers realize that athletes do not just go away to some magical land of healing and return, it is a testament to the skill of athletic trainers that the general public simply presumes that an injured athlete will return back to full health. I also hope you all take solace in the fact that although you might not realize it, you have an impact on the lives of the people you deal with on a daily basis in ways that you may never truly understand.

Another change to the IATA happened in January, when the Executive Council selected Mr. Lucas Dargo as the new student representative to replace outgoing representative Sam Zuege. Lucas currently is a sophomore at Ball State University. This was a very tough decision for the Executive Council as there were four extremely qualified candidates who applied this year. It is very encouraging for the future of the IATA that so many students are interested in participating in the affairs of the state association. I want to personally thank Sam for his dedication and leadership as IATA Student Representative for the past two years. Sam's service to the association should serve as an example for all students within the state because the ability to lead is essential for any aspiring athletic trainer. It is a quality that many desire, but few possess; a quality that makes you stand out from others around you. Thank you Sam! It has been my pleasure serving with you for the past two years and I wish you luck in your career.

Although my term ends in March there is unfinished business that must be completed to better the position of athletic training in Indiana for the future. We are in the middle of such an important time in the athletic training profession as we work toward various legislative objectives. I would like to personally thank the governmental affairs committee lead by Rick Shaw and Paul Plummer as well as all the members who have taken time out of their busy schedules to call and write their elected officials. It is reassuring to



Craig Voll, LAT, ATC

FEBRUARY 2010

Indiana Athletic Trainers Association

WWW.IATA-USA.ORG

The IATA is recognized by the Indiana State Medical Association Commission on Sports Medicine and the Governor's Council for Physical Fitness and Sports Medicine.

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Upcoming Issues

Content Due	Newsletter Out
March 15	April 1



Date Subject to Change

IATA
Executive Council

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Past President

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For information covered in this electronic newsletter or to submit articles or ideas, please contact the IATA Communications Co-Chair:

Betsy Halwes
bhalwes@hotmail.com

Memorials

Please forward all notices of memorials to:

Jeff Stein, LAT, ATC, DPT
jstein@purdue.edu

know that so many members are willing to roll up their sleeves and do what they can for the profession we all love. As we on the Executive Council have come to learn over the past couple of weeks, the legislative process is a complex and fluid one that can rapidly change without warning. It isn't nearly as clean and simple as I remembered the process being when I watched School House Rock's How a Bill Becomes a Law growing up on Saturday mornings. As we have explained, with this being a short session in the Indiana Legislature, there are time sensitive deadlines we must maneuver through. As we get information we will continue to inform the membership, so please stay tuned.

One hallmark of my presidency has been my continued call for involvement. The spirit of volunteerism and a sense of compassion are deeply ingrained in us as professionals and are vital parts of our character. It is what makes me immensely proud to be an athletic trainer and is why there is nothing else that I would rather be doing. I can honestly say that the two years serving as your President have been some of the most rewarding and fulfilling times of my career. It is inspiring to work with and for a group of people who understand that there is no substitute for the gift of service given from the heart. Furthermore, it is my firm belief that in regards to service in an association, especially one like the IATA, volunteers are seldom paid not because they are worthless, but because they are priceless. As I have written in this address every time as your President, the initiative of involving more members within the association, especially younger members, was the cornerstone of my presidency. I am happy to report that since March 2008, 35 members with no previous experience volunteering at the state level have agreed to serve the association. It is that accomplishment and the experience of serving with such an extraordinary group of dedicated athletic trainers on the Executive Council that I will cherish for the rest of my career.

In conclusion, I want to remind you that the Executive Council values your opinions and wants to hear how we can better serve you. As always, if you have any questions, ideas, or would like to become more involved please email me at *cavoll@purdue.edu*.

Yours in good health,
Craig Voll, LAT, ATC
President, Indiana Athletic Trainers Association



ISMA Team Physician of the Year

Criteria

A. Twenty years of service as a team physician for an Indiana High School or an organized sports team.

B. A member in good standing of the Indiana State Medical Association. If retired or deceased, must have been a member of the Indiana State Medical Association.

Deadline

Applications and all letters of recommendations must be received by March 1st.

Selection

A. All criterion must be fulfilled.

B. All applications must be received by the declared deadline.

C. The ISMA's Commission on Sports Medicine will review all of the applications submitted.

D. A simple majority vote by the committee will be utilized.

Click here to download a nomination form.

GLATA Committee Coordinator Needed

GLATA Committee Coordinator Position open in March (will take over at Winter Business Meeting). GLATA is seeking interested candidates.

GLATA Development Committee Coordinator.

Interested individuals should contact:

Julie Rochester, GLATA President at jrochest@nmu.edu.

JOB DESCRIPTION BELOW (*Please note - this job description is likely to change somewhat with the approval of our new Bylaws - I am happy to share new language proposals as needed*):

DEVELOPMENT DIRECTOR

Selection: Appointed by the President with the approval of the Executive Council.

Term: Appointed for a two-year term and may serve more than one term. The President may extend a term to meet the requirements of a similar NATA Committee appointment. (R 3/01)

Evaluation: Will be evaluated by the Treasurer and President prior to any request for re-appointment consideration, using the GLATA Evaluation Tool, VIII-Appendices, Appendix B.

Functions and Responsibilities:

- a. Reports to the GLATA Treasurer. (F 6/01)
- b. Acts as the “official” fundraiser for GLATA. (6/01)
- c. Works in conjunction with the state representatives to secure funds for programs.
- d. Attends the Executive Council meetings in a non-voting advisory capacity.
- e. Maintains communication with the Executive Council.
- f. District will pay meeting expenses as outlined in VIII-Appendices, Appendix A.
- g. Submits an annual budget request as per the Finance Committee’s specified timelines.
- h. Serves as the Chair of the Development Committee. (6/01)
- i. Annually signs and returns a “GLATA Disclosure Statement” to be kept on file with the President. (F 3/02). VIII-Appendices, Appendix C.
- j. GLATA Development Director assists, continually monitors, and submits suggestions for changes to P & P Manual Chapter 11 to the Communications Chair/GLATA Secretary.
- k. The Coordinator will provide a written report to the President for presentation to the GLATA Executive Council at all scheduled GLATA meetings. This report should detail current and future projects, progress and needed resources using the approved format and timelines. VIII-Appendices, Appendix D.

IATA

Committees

Education

David Craig

dhcraig3@yahoo.com

Finance

Scott Lawrance

selawran@stvincent.org

Governmental Affairs

Rick Shaw

rick.shaw@amfam.com

Revenue

Kip Smith

wksmith@indiana.edu

Membership

Barb Caton

b.caton@insightbb.com

Diversity

Becky Clifton

bclifton@nafcs.k12.in.us

Honors & Awards

Joe Harvey

joharv@aol.com

Memorial Resolutions

Jeff Stein

jlstein@purdue.edu

All Stars

Jan Clifton

JMClifto@stvincent.org

High School

Ryan Fagan

ryanfa@ohusc.k12.in.us

College/University

Jennifer Popp

jenpopp@anderson.edu

Professional

Erin Barill

erin.barill@colts.nfl.net

Clinical/Industrial/Corporate

Jill Quigley

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Communications

Jason Simala

jjsimala@hotmail.com

Betsy Halwes

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Student Representatives

Sam Zuege

szuege@purdue.edu

Alyssa McPherson

ammcpherson@gmail.com

IATA Corporate Sponsors

Click on Sponsor Logo to link to their web site.

Elite Level



Shelbourne Knee Center

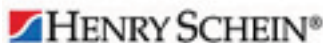
at Methodist Hospital
www.FixKnee.com



Gold Level



Bronze



Henry Feuer, MD



GLATA Bylaws Letter

Dear GLATA Members:

As many of you are aware, the GLATA Executive Board charged a task force with re-writing the associations Constitution and Bylaws. After about 2 years of work, we are ready to present the new Bylaws to the association. In order for the new Bylaws to be adopted, the membership will vote on this on March 12, 2010 at the GLATA Annual Winter Business Meeting. I urge your attendance at this event.

The task force: Julie Rochester (GLATA President), Mark Gibson (NATA District IV Director); Tory Lindley (GLATA President-Elect), Ann Berry (former GLATA Vice-President), Mark Stoessner (GLATA Vice-President).

Why was this task force was formed? It became evident, that as a working document, the old GLATA Constitution and Bylaws were confusing and contradictory to one another. There were also some cases in which the Bylaws were not appropriately updated following action items (motions) that occurred during meetings of the GLATA Executive Board. Furthermore, much of the language contained in the old Bylaws is language that belongs in a Policy and Procedure document. As such, the task force was needed to review and revise these documents to accurately reflect current practices of the association.

Some changes you will notice.

- a. You will see that in the NEW Bylaws, we have combined the old Constitution and Bylaws into one document. After a bit of research, we found this to be common practice. This approach will contribute to better clarity and understanding of the document by the membership.
- b. The NEW Bylaws are laid out according to Robert's Rules of Order.
- c. The LANGUAGE throughout the NEW Bylaws is consistent.
- d. The Executive Board consists of the 6 elected officers and the 6 state representatives. There is no longer an Executive Council.
- e. The Executive Committee consists of the 6 elected officers.
- f. Standing committees are those chaired by a GLATA elected officer.
- g. Special committees do not have a chair, rather they have a coordinator that is appointed by the GLATA President and approved by the board. The only exception to this is the Student Senate, which will still have a chair.

Keep in mind that this document cannot easily be amended. The only sections of the Bylaws that can be amended by the GLATA Executive Board are Articles V, VI, VII, VIII and IX. All other amendments must be voted on by the membership. You will see that the heart of the original Constitution of the association remains embedded in this new document.

This document will be voted on by the membership as it reads today. It cannot be amended on the floor during our business session. If you have any questions or comments – I urge you to contact me at jrochest@nmu.edu. I look forward to seeing you in Detroit at the GLATA Winter Meeting!

Click here to link to the following documents on the GLATA Website:

- a. This letter of explanation
- b. OLD Constitution
- c. OLD Bylaws
- d. NEW Bylaws

Sincerely,

Julie Rochester, EdD, AT
GLATA President

2010 GLATA Annual Meeting & Symposium

DETROIT, MICHIGAN ~ MARRIOTT RENAISSANCE CENTER

~BACK TO THE BACK~

The Michigan Athletic Trainers' Society and Detroit, Michigan are pleased to be hosting the
GLATA Annual Meeting and Symposium
March 11—13, 2010

Below is a “second glimpse” of some of the over 52 presentations that will be offered to athletic trainers, athletic training educators, and athletic training students in workshop, lecture, lab and presentation format:



GLATA General Sessions:

Injury Implications for the Back and Core
The High School Athletes Back
The Failed Back
Classification Based Approach to Treating Low Back Pain
Core Strengthening Through the Use of Kettlebell
Understanding the Disabled Athlete Needs: Lecture/Lab

Brett Martin DO
Jim Lioy ATC, CSCS
Jacob Rowan DO
Monte Wong DPT, ATC, CSCS
Phil Johnson MS, ATC
Mary Donahue MED, ATC

GLATA Workshops:

Modalities for the Back: Philosophy, Treatment and Techniques

Pilates for General Improvement of Back and Core Health
Ethical Dilemmas in Action: RTP Decisions Regarding Back Injuries

Multi-Directional Stretching for the Back

Doug Johnson ATC, EES, CLS
John DeBord MS, ATC, PT, SCS
Katie Stephens
Kim Peer EdD, ATC
Gretchen Schlabach PhD, ATC, LA
Ben Kolly DPT, OMPT, ATC

Athletic Training Educator General Sessions:

Defining Outcomes and Creating Valid Measurement Tools in
Athletic Training Education
Creating a Valuable and Confident Athletic Training Practitioner
Writing GLATA Grant and Free Communication Applications

Lindsay Eberman PhD, ATC
Leamor Kahanov EdD, ATC
Ann Berry ATC

Athletic Training Student General Sessions:

Preparing for the Exam of Your Career: The BOC Exam Workshop

Wound Care
What Can the “Core” Do for You?
Functional Progression of Rehabilitation

Denise Fandel MS, CAE, Ret. AT
Sam Zuege ATC
Scott Michel MA, ATC
Shelly Payne MS, PT, ATC
Mike Braid MEd, ATC

Please go to <http://www.glata.org> for a full listing of all the Workshops, Lectures, Labs, and Presentations, including registration information.

WELCOME NEW 2010 IATA MEMBERS!

Certified Regular Member

Kathryn Mathews

Cheryl Montague

Student Undergrad Members

Katrina Clark

Abbey Fuhrmann

Nicole Glasgow

Student Undergrad Members

Continued

Allean Hoover

Jennifer Meyer

Brittani Moore

Jessica Neukam

Kristen Sasena

Jennifer Walters

Licensed Athletic Trainers Political Action Committee (LAT-PAC)

Why was LAT-PAC formed?

LAT-PAC was formed to empower Indiana Athletic Trainers to be more involved in the determination of state laws and policies. IATA decided to create a mechanism that would allow the athletic trainer profession to channel its financial and grassroots support to help elect candidates to the state legislature who are responsive to the athletic trainer profession's goals and viewpoints.

The purposes of the LAT-PAC:

- Increase the awareness of the profession of athletic training to legislators within the State of Indiana;
- Utilize the political process to the advantage of the IATA;
- Further the interest of the IATA by endorsing candidates and contribute funds to endorsed candidates;
- Encourage athletic trainers to be active participants in the governmental process and lastly;
- Organize fund raising events to support future LAT-PAC legislative efforts.

I already pay NATA & IATA dues! Why contribute to LAT-PAC?

- NATA & IATA dues can not be used for contributions to candidates
- LAT-PAC helps us influence individuals who support IATA views to the state legislature
- LAT-PAC provides vital access to Members of the Indiana State Legislature and their staff to talk about legislative and regulatory issues
- Other groups have PACs. Let the athletic trainer profession be the voice of ATCs, not some other occupation or group

LAT-PAC (Licensed Athletic Trainers Political Action Committee):

PAC Members

Clark Simpson, LAT, ATC

Kent Evans, LAT, ATC

Chair

Treasurer