



eNEWS

The Indiana Athletic Trainers Association is committed to providing quality healthcare for Hoosiers and strives to advance the athletic training profession.

WWW.IATA-USA.ORG

President's Message

December is here which means a couple of things. First, for many of us leaf raking season has finally just about come to an end, and secondly, it is the holiday season. Many times we get so caught up in the daily grind at work that we loose sight of what is truly important in our lives: our family, our children, our health, our friends, our favorite passions – things that if everything else was lost and only they remained, your life would still be full. If you spend all your time and energy on the small stuff, you will never have room for the things that are critical to your happiness. So this holiday season make sure you make time for the important things, like playing with your children, taking your significant other out to dinner, calling a friend to talk, and taking time to get a medical checkup.

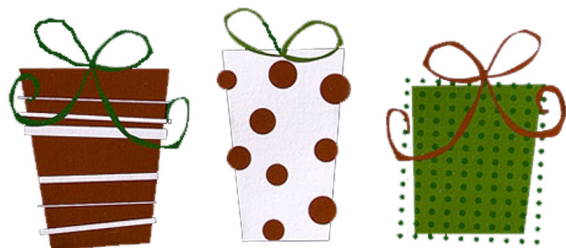


Craig Voll, LAT, ATC

The fall meeting and awards luncheon held October 26th and 27th was by all accounts a success. We had over 200 certified members and over 200 student members attend this year. In fact, the quiz bowl competition had 27 teams participate this year. All these figures were records for our association and I would like to personally thank the co-chairs of the education committee David Craig and Adam Thompson for their tireless work and dedication to you, the members of the Indiana Athletic Trainers Association. I would be remiss if I didn't recognize the fall meeting planning committee of Erin Clark, Susan Yeargin, Katie Oneal, Pete Dewar, Sam Zuege and the quiz bowl committee of Jessica Emlich, Jennifer Popp, and Scott Hudson. These members put in many hours behind the scenes and should be commended for putting together an outstanding program. As always, our goal is to provide the membership with excellent educational opportunities, and if any of you have feedback or ideas on how we can improve the fall meeting please contact either David Craig or Adam Thompson.

*Wishing you joy and happiness
during this holiday season.*

IATA



I also want to take this time to send a very big thank you to all of you who participated in our fall meeting charity project for high schools devastated by hurricane Ike in southeast Texas. The response from the membership

continued.....

Indiana Athletic Trainers Association

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The IATA is recognized by the Indiana State Medical Association Commission on Sports Medicine and the Governor's Council for Physical Fitness and Sports Medicine.

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Upcoming Issues

Content Due	Newsletter Out
January 15	February 1
March 15	April 1
May 15	June 1
July 15	August 1
September 15	October 1
November 15	December 1

Date Subject to Change

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eNEWS

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Memorials

Please forward all notices of memorials to:

Jeff Stein, LAT, ATC, DPT
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was overwhelming, serving as a testament to the compassionate spirit and bond that exists between all athletic trainers. Through our efforts, we as an association sent an overwhelming number of different items that were requested, and every member of the IATA should take pride in the positive impact our small gesture has had on a devastated community. We have received many emails and cards from Texas, thanking the IATA for its support and we plan on posting these on the website for everyone to read. The supplies will be used in a couple of different high schools suffering hurricane damage. We were told that a few of the schools have relocated to modular buildings and are traveling 100% on the road for all athletic events.

Involving more members within the association, especially younger members, continues to be my top priority as your President. While numerous members have already answered the call to serve within the association we can always use more volunteers. Edmund Burke was absolutely correct when he said, "Nobody makes a greater mistake than he who did nothing because he could only do a little." I ask you all to remember as you contemplate serving, that the little you can personally do for the IATA may be the one thing that makes our efforts a success.

In conclusion, I want you all to know that the Executive Committee values your opinions and want to hear how we can better serve you. As always, if you have any questions, ideas, or would like to become more involved please email me at cavoll@purdue.edu.

Yours in good health,

Craig Voll

President, Indiana Athletic Trainers Association



Fall Meeting Round Up

The IATA Fall Meeting Symposium was a success thanks to the meeting coordinators and the great speakers for both the professional and student sections. The meetings were well attended as well as the awards luncheon. Over two hundred professionals, just under 200 students, and 17 vendors attended the two day meeting. One of the highlights was the opportunity for interaction between the students and the professionals at the dinner and evening seminar. The education committee appreciates the continued input the members of the IATA offer to continue to improve the fall and summer symposiums.



Thomas A. Brady Comeback Scholarship Award

The Methodist Sports Medicine Research and Education Foundation will be presenting the 4th Annual Thomas A. Brady Sports Achievement Awards Dinner on April 14, 2009 at Indiana Roof Ballroom downtown Indianapolis. At this time we will be honoring two Lifetime Achievement Awards – Bobby "Slick" Leonard, Hoosier Basketball Legend and Dick Dullaghan, one of the most successful IHSAA football coach. We will be also presenting four \$1,000 Comeback Scholarship Awards to student-athletes at the collegiate and high school level who have overcome adversity or injury. For the first time the IHSAA will be apart of this event as they present 10 scholarships to student athletes. Our keynote speaker will be Tony Dungy, Colts Head Football Coach. More information can be found on the IATA [homepage](#).

Northwest Region News

In the midst of football pre-season practice, certified athletic trainers in northwest Indiana met at T.J. Maloney's in Merrillville. Athletic Trainers from the Duneland and Northwest Crossroads Conferences enjoyed fellowship and shared stories of the early season. It was an opportunity to network with fellow athletic trainers and establish a contact list to provide the best possible continuity of care for our student athletes. Organizers of this meeting were Bernie Stento of Chesterton High School and Mark Leto of Hobart High School and appetizers were provided by Kessler's Sporting Goods. Representing the Duneland Athletic Conference was: Kathy Levendowski and Craig Lewin, Valporasio High School; Marnee Flinn-Smith, Michigan City High School; Sam Cochran and Katie Christoperson, Portage High School; Trent Trump, Crown Point High School; Sean Hudson, Merrillville High School; and Chris Hall, Lake Central High School. Representing the Northwest Crossroads Conference was: Patrick Ohaver, Highland High School; Bobby Wong, Lowell High School; and Chris Drobac and Dan Merrill, Hobart High School. Good fellowship was had by all and was a great way to start the 2008-09 sports season. The two athletic conferences hope to hold more of these meetings in the future in efforts to better the profession and maintain the high standard of care for the area student athletes.



Calling IATA Members with an Interest in Performance Enhancing Substances

The IATA is partnering with Riley Hospital for Children on the Prevention of Abuse of Steroids and Supplements (PASS) Program for high school students, their parents, and coaches. The program is an informational electronic booklet for use in an academic or free-standing education program. The IATA is looking for 2-3 members who are interested in revising the current PASS Program. If you have an interest in participating in this project, please contact [Kitty Newsham](#), LAT.



State Committee on Education Recommends No Legislation on Steroid Testing

Kitty Newsham, member of the Governmental Affairs Committee, was instrumental in the outcome with her testimony. The IATA supports education rather than testing and supported their arguments with facts from other states testing programs. The costs far outweigh the benefits of testing and show that education is key component to deterring drug use in school athletic programs. [Click Here](#) for more information.

Save the Dates

2009 GLATA Annual Meeting & Symposium
Thursday, March 12th - Saturday, March 14th
Grand Wayne Center/Hilton Hotel
Fort Wayne, IN

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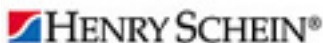
Gold Level



Silver Level



Bronze



Henry Feuer, MD



Athletic Training Students Save a Life

By Adam Thompson

The final game of the 2008 football season at Taylor University proved to be an invaluable experience for two Indiana Wesleyan University athletic training students. Both juniors in IWU's ATEP, Cassandra Corey and Christopher Langebartels were able to put their clinical skills to the test in the most taxing way – saving someone's life. Before kickoff on November 15th, 2008, Cassandra and Chris were finishing field set up when they were summoned to the press box of Wheeler Stadium due to one of the radio announcers collapsing. They responded to the announcer to find him in full cardiac arrest and immediately began to administer 2 man CPR. They also administered one shock from an AED that the supervising athletic trainer, Adam Sparks, ATC, LAT, brought to the scene after multiple cycles of CPR. The response team was able to resuscitate the radio announcer within 10 minutes from incident and had him alert and oriented by the time EMS responded to the scene. The announcer underwent a two stint surgical procedure that evening and was able to return home the following Wednesday. We rejoice in the life saved and congratulate our students for their life-saving intervention! I can't think of a more rewarding experience for a student to have than to save someone's life. I personally know the announcer and thank God for his hand in this situation. I am grateful that He continues to bless our program with such wonderful students. The Grant County American Red Cross has nominated Cassandra and Chris for an American Red Cross Certificate of Merit for their efforts.



Texas Donations Update

Amber Kivett reports that the items collected at the Fall Meeting were shipped on Monday, November 10th. Here is an excerpt from one of her emails:

"I shipped out the donations collected at IATA today by freight. The pallet should arrive within the next two days. I am proud to say that we sent an overwhelming number of different items that were requested. I've received many emails from Texas, thanking the IATA for its support. I will forward those to you to read about the positive impact we've made. The supplies will be used in a couple different high schools, suffering hurricane damage. I was told that a few of the schools have relocated to modular buildings, and are traveling 100% on the road for all athletic events. I cannot begin to imagine the additional stress this places on the kids and staff, under these conditions."

Much gratitude to Amber for her efforts in coordinating such a worthy cause! And of course, to those of you who donated supplies that were shipped!

Applications for Student Representative Now Being Accepted

The IATA student representatives serve as a non-voting member on the IATA Executive Council as well as the Indiana Student Senator for the GLATA Student Senate. They are responsible for expressing the views and opinions of athletic training students throughout the state. Representatives should be enthusiastic about athletic training, have the ability to formulate ideas, maintain good time management, and be available for monthly & annual meetings at both the state and district level. Applicants must be currently enrolled as a full-time sophomore student at a CAATE-accredited program, a member of IATA and a member of GLATA. Applications must be postmarked no later than January 1, 2009. Visit the IATA [homepage](#) for the application.



STUDENTS – Interested in Student Leadership?? Check this Out!

iLead – NATA Student Leadership Program February 21-23, 2009 · Washington, DC

Event Concept: This will be a fun, interactive program – one where students participate in sessions and, as a result of active involvement, develop important leadership skills. This program, which is held in conjunction with the 2009 Hill Day Campaign and the Athletic Training Educator's Conference, will also prepare students for future participation in NATA's StarTRACK program. Questions? Email IATA Student Rep: [Peter Dewar](#).



Check out Bodies: The Exhibition

Celebrate the wonder of the human form at BODIES... The Exhibition, a phenomenal exhibition about the amazing and complex machine we call the human body. This Exhibition—which features actual human specimens—allows people of all ages access to sights and knowledge normally reserved only for medical professionals.

Take the opportunity to peer inside yourself, to better understand how your elaborate and fascinating body works, and how you can become a more informed participant in your own health care. The special exhibition is currently on display at Claypool Court at Circle Center. Learn more by visiting their [Web Site](#).



*Wishing you Peace,
Happiness &
Team Work in 2009!*