

President's Message

March is here and Old Man Winter's grip on us is slowly loosening. I hope everyone has been able to stay safe, warm and dry as we eagerly wait for the permanent arrival of spring.

Since the last newsletter the Executive Council has selected Miss Alyssa McPherson as the new student representative to replace outgoing representative Pete Dewar. Alyssa currently is a sophomore at Purdue University. This was a very tough decision for the Executive Council in that there were a record number of applicants this year. In all, seven extremely qualified candidates applied this year. To me it is a very encouraging sign for the future of the IATA that so many students are interested in becoming involved in the affairs of the state association. I would like to take this time to personally thank Pete for his dedication and leadership as IATA student representative the past two years. Pete's service to the association should serve as an example for all students within the state because the ability to lead is essential for any aspiring athletic training student. It is a quality that many desire but few possess; it is something that makes you stand out from others around you. Thank you Pete! It has been my pleasure serving with you these past two years and I wish you luck in your career.

In addition, Sam Zuege, IATA Student Representative, Alyssa McPherson, and Tamara Moser, a junior from Ball State University were selected to represent the state of Indiana at the NATA iLead student leadership program and NATA Hit the Hill day. These three students joined Executive Council members Craig Voll, John Locke, Jessica Emlich, and Kitty Newsham in lobbying our respective senators and representatives in support of HR 1137 Athletic Trainers Equal Access to Medicare Act of 2009 (ATEAM). In fact, Indiana had 17 members from across the state participate this year in Hit the Hill Day. If at all possible, I would encourage any member to attend future NATA Hit the Hill days. It is a tremendous opportunity to network with other ATC's from across the nation as well as have your voice heard by your elected officials in Washington DC. I also encourage all IATA members to please contact their U.S. House of Representatives member and ask them to co-sponsor HR 1137.

Planning is currently underway for the annual golf outing to be held on Friday July 10 with all the proceeds going to support the LAT-PAC. In



Craig Voll, LAT, ATC

April 2009

Indiana Athletic Trainers Association

WWW.IATA-USA.ORG

The IATA is recognized by the Indiana State Medical Association Commission on Sports Medicine and the Governor's Council for Physical Fitness and Sports Medicine.

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Upcoming Issues

Content Due	Newsletter Out
May 15	June 1
July 15	August 1
September 15	October 1
November 15	December 1



Date Subject to Change

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For information covered in this electronic newsletter or to submit articles or ideas, please contact the IATA Communications Co-Chair:

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bhalwes@hotmail.com

Memorials

Please forward all notices of memorials to:

Jeff Stein, LAT, ATC,
DPT
jstein@purdue.edu

addition, the education committee is in the process of finalizing the summer symposium which will be held July 11-12 in Indianapolis. As an Executive Council we are excited about the opportunity to bring to the membership at a significantly discounted rate a two day live functional seminar entitled "Introduction to Applied Functional Science and the Functional Hip" by the Gray Institute.

I would also like to take this time to personally thank Candice Dunkin who chaired the local GLATA winter meeting planning committee in Ft. Wayne. Candice and her committee consisting of Jennifer Beer, Jeff Beer, Sara Rupp, Kevin Watson, Kamie Libey, Jon Smith, Krista Bennet, Bob Hirschelman, Christina Ehle-Fails, and Joe Baer should be commended for not only putting on an excellent educational program but also showing all members of the GLATA just what Hoosier hospitality is all about. Great Job everyone!!!!

In closing, I would like to say that I agree with Ivan Scheier, a renowned advocate for volunteerism when he states that volunteering is defined as doing more than you have to because you want to, in a cause you consider good. This to me is the most meaningful definition of volunteering I have come across. Furthermore, I fervently believe that in regards to service in an association, especially one like the IATA, volunteers are seldom paid; not because they are worthless, but because they are priceless. As I have written in this address many times, the initiative of involving more members within the association, especially younger members, continues to be the hallmark of my presidency.

In conclusion, I want you to know that the Executive Council values your opinions and wants to hear how we can better serve you. As always, if you have any questions, ideas, or would like to become more involved please email me at *cavoll@purdue.edu*.

Yours in good health,

Craig Voll, LAT, ATC
President, Indiana Athletic Trainers Association



Hit the Hill 2009

The annual NATA Hit the Hill day in Washington DC, was held on February 23, 2009. This was the most highly attended Hit the Hill day on record. The NATA Educators' Conference, the new iLead Program, and several NATA Committee meetings were held in Washington in coordination with Hit the Hill, and this contributed to the large turnout. The efforts of those who did make it to Washington, and the efforts of those who stayed at home to allow us to go, helped to make this a remarkable event. Indiana was represented by 17 IATA members – the largest representation for our state at this event!

The NATA has a new lobbying firm, Drinker Biddle & Reath, LLP, who met with the 400+ athletic trainers in attendance prior to our meetings with legislators. The IATA contingent met with staff members from several Indiana representatives and both of our senators. Rep. Towns (D-NY) proposed the Athletic Trainers' Equal Access to Medicare Act of 2009 (HR 1137) while we were meeting with our representatives and senators. It was an exciting day to be an athletic trainer in Washington, DC.

It may be hard to remember it at times, but our legislators work for us, and are there to represent our voices. It is impossible for them to represent our voices if we don't speak up. Please take the time to contact your legislator regarding the current athletic training legislation. The lobbyists and staffers told us, repeatedly, that our voice is important and is best heard through e-mail, phone calls, and personal contact – every contact is important. (Check out page 4 for a picture of all IATA representatives!)

The Athletic Trainers' Equal Access to Medicare Act of 2009 (HR 1137)

The Athletic Trainers' Equal Access to Medicare Act of 2009 (HR 1137) has been introduced into the House of Representatives. The purpose of this bill is to amend title XVIII of the Social Security Act to provide improved access to physical medicine and rehabilitation services under part B of the Medicare Program, and for other purposes. This bill would improve patient access to athletic trainers, allow physician choice of a wider range of qualified health professionals, and restore the ability of athletic trainers to work incident-to a physician. Contact your member of the House today and encourage them to co-sponsor H.R. 1137.

This legislation is important to ALL athletic trainers, regardless of work setting. It is important that your voice be heard in this matter. Contact your representative at the United States House of Representatives today to advise them of the level of qualification of licensed and certified athletic trainers and to ask for support of ATEAM legislation - HR 1137. Ask your physicians to support this legislation to allow them to select which state-licensed health care providers will provide physical medicine and rehabilitation services for their patients.

A sample letter is available through the NATA Legislative Alert Center (www.nata.org). If you are not a member of the NATA and would like suggested language for a letter for your representative, contact Kitty Newsham on the Governmental Affairs Committee at newshamk@uindy.edu. Please provide your name and address with your request.

If you need information regarding your representative, you can access this information with your zip code + 4 at www.votesmart.org. If you can arrange to, consider attending a town hall meeting when your representative is home between sessions. This information is available through each legislator's web page or home office.

The full text of the bill, as introduced, is available at: <http://www.govtrack.us/congress/billtext.xpd?bill=h111-1137>

New athletic training bill introduced into House of Representatives

Congressman Ed Towns (NY-10) has introduced the Athletic Trainers' Equal Access to Medicare Act of 2009 (ATEAM) -- H.R. 1137 -- into the House of Representatives. This bill would improve patient access to athletic trainers, allow physician choice of a wider range of qualified health care professionals, and restore the ability of athletic trainers to work incident-to a physician.

Contact your member of the House today and encourage him/her to co-sponsor H.R. 1137.

TAKE ACTION! Visit NATA's Legislative Alert Center.

Thank you for your support.



IATA

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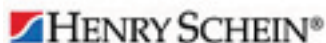
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Bronze



Henry Feuer, MD



Ball State Hosts 6th Annual High School Student Athletic Training Workshop

Ball State University will be hosting the 6th Annual High School Student Athletic Training Workshop July 15-18, 2009. The workshop will feature both basic and advanced track sessions and labs to cover a wide range of experiences for the high school student athletic trainer. If you have students that would have an interest in attending please contact Troy Hershman @ (765) 285-5843 or tchershman@bsu.edu for more information.



Education Committee Update—Summer Meeting 2009

Saturday, July 11th and Sunday, July 12th, 2009 the Indiana Athletic Trainers Association sponsors the Gray Institute's 2-day seminar based on Applied Functional Science. Each day will present one of the nine topics of the "Live Function" series created to present a concentrated analysis of principles, strategies, and techniques. This meeting is a hands-on seminar covering the following two topics: Introduction to Applied Functional Science and The Functional Hip.

Early registration for IATA members before May 15th, 2009 is \$125. Registration for IATA members after May 15th will be \$150. Non-IATA member registration is \$150 and \$175 after May 15th. The course will be held at the University of Indianapolis. Course maximum is set at 90 participants. Registration will be closed when course maximum is reached, so register early!

Two day Gray Institute courses can cost an individual up to \$695. This is a significant savings for a sensational presentation. [CLICK HERE TO REGISTER!](#)

The Education Committee continues to prioritize its' commitment to provide members with quality continuing education. We welcome your input and recommendations.



Annual IATA Golf Outing 2009

The 17th ANNUAL GOLF OUTING will be held at Wood Wind Golf Club on Friday, July 10th. Registration opens at 11:00 am - Lunch begins at 11:30 am with a shotgun start at 1:00 p.m. The cost of the outing is \$80.00 per golfer and \$12.00 per lunch for any guest who is not golfing. [CLICK HERE TO REGISTER!](#)

For further information on the golf outing, contact IATA Central Office at (317) 484-2630 or casey@centraloffice1.com.



IATA 2009 Hit^{the}Hill!



I LEAD



IATA Student Pop Tab Contest Update

Program Directors,

Thank you to all that participated in the National Athletic Training Month pop tab contest for the Ronald McDonald House of Indiana. After reviewing all of the submissions the IATA would like to congratulate Indiana State University for collecting the most pop tabs with 89 pounds! They will be awarded a free educational partnership for the 2009 Fall IATA meeting.

We hope to continue this project and other state wide community service projects in the years to come. If you have any other ideas of input on how to improve for next year please pass those ideas onto myself of Alyssa McPherson at ammcperson@gmail.com.

As a follow up those students that were interested in serving on the student advisory panel will be contacted this week by Alyssa. This has been a long planning and formulation process by the IATA student reps and we thank you for all of your students that have expressed interest. We will begin brainstorming ideas for the fall student meeting as well as other projects that ATEP students statewide can become involved in.

Over the past few years Indiana along with District 4 have set a standard for student involvement and it is only with the help of our GREAT ATEP Program Directors that we are able to do so. Thank you all for your help and continued comments. Please feel free to contact myself of Alyssa with any questions, comments or concerns.

Sam Zuege
Student Rep., IATA Board
Chair, GLATA Student Senate



WELCOME NEW IATA MEMBERS!

Associate Member

Renee Grimme
Indianapolis, IN

Certified Regular Members

Stephanie Renae Bandy, ATC
Fort Wayne, IN

Ashley Lynn Van Buskirk, ATC
Terre Haute, IN

Tyler Scott Deuser, ATC
Madison, IN

Michelle L. Green-Youngworth, ATC
Elkhart, IN

Student Undergrad Members

Kathleen Davis
Anderson, IN

Nicole Marie Eberwein
Bloomington, IN

Sara Hochgesang
Carmel, IN

Allison Hotka
Indianapolis, IN

Alexandra Elizabeth Valentine
Lawrenceburg, IN

James R. Wentzel
Leiters Ford, IN

Shannon Woodrum
Tipton, IN



Indiana State NSCA Clinic

Saturday, April 25, 2009

NSCA Mission Statement

As the worldwide authority on strength and conditioning, we support and disseminate research-based knowledge and its practical application, to improve athletic performance and fitness.

GENERAL INFORMATION

LOCATION	HOST	CEUs
Velocity Sports Performance 1402 Chase Court Carmel, IN 46032	Chris Powell, CSCS +1 317-848-5867 cpowell@velocitysp.com	0.6 NSCA 6.0 NATA
Directions: http://www.velocitysp.com/carmel/directions_to_velocity_sports_pe		

State Chapters
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TIME	TOPIC	SPEAKERS
8:30-9:00am	Check-in and On-site Registration	
9:00-9:15am	Opening Remarks	Chris Powell, CSCS - IN NSCA State Director
9:15-10:30am	The Power of Nutrition for All Levels	Dawn Weatherwax-Fall, RD, LD, ATC, CSCS
10:30-11:15am	Boulderball Training: Methods and Uses	Steven Roberts, PhD, DC
11:15-12:30pm	The Functional Movement Screen	Lee Burton, PhD, ATC, CSCS
12:30-1:30pm	Lunch (provided)	
1:30-2:45pm	Special Considerations When Training Athletes	Tom Palumbo, MS, CSCS
2:45-4:00pm	Corrective Exercises to Clean up Movement Patterns	Lee Burton, PhD, ATC, CSCS
4:00pm	Closing Remarks	Chris Powell, CSCS - IN NSCA State Director

Please call 800-815-6826 if you require special accommodations. Topics and speakers subject to change without prior notification. This clinic has hands on sessions. Participants are asked to dress comfortably and only participate within their physical limitations.

REGISTRATION FORM ♦ INDIANA STATE NSCA CLINIC ♦ APRIL 25, 2009

Online registration: <http://www.nscalift.org/stateclinics/searchclinic.asp> or mail completed registration (with payment) to:
NSCA, 1885 Bob Johnson Drive, Colorado Springs, CO 80906 or fax to: +1 719-632-6367

Name _____
 Member ID _____ Student ID _____
 Address _____
 City/State/Zip _____
 Phone # _____
 Email _____
 Emergency contact and phone # _____

Primary Job Responsibility (only check one)

- Physical Therapist Educator
 Athletic Trainer S&C Coach
 Personal Trainer Student
 Sport Coach—specify sport _____
 Other _____

Number of state/provincial clinics previously attended

- 1st 2 - 3 4 - 6 7+

Clinic Fees (check one)	Now thru Apr. 14th	On-site
NSCA Member	<input type="checkbox"/> \$40	<input type="checkbox"/> \$50
NSCA Student	<input type="checkbox"/> \$30	<input type="checkbox"/> \$35
Non-member	<input type="checkbox"/> \$50	<input type="checkbox"/> \$60

Payment Method **Refund Policy:** On or before Apr. 14th - 50%/After Apr. 14th - No refund

- Check (payable to the NSCA) Visa MasterCard AmEx

Account# _____ Exp. _____

Signature _____

Total Enclosed \$ _____

Receipt: Mail Email

Clinic Code 23017

ANNOUNCEMENT

NSCA is pleased to announce that Hagan Benefits Inc. will be the new broker/administrator for the Certified Members with Professional Liability Insurance Program. Hagan Benefits Inc. has been partnered with NSCA for over 22 years providing our Professional Liability Insurance for Non-Certified members and Life Insurance.

Current Plans Offered:

Life Insurance - Annual Renewable and 10-Year Level Term Life

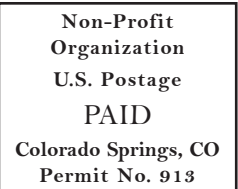
Professional Liability - Certified and Non-Certified Members - Individuals Only

Professional Liability - Certified and Non-Certified Members - Plan with the ability to add coverage for employees

Certified Member with Professional Liability option - Certified Members through the NSCA who wish to combine their membership and professional liability into one package - Individuals Only

Hagan Benefits INC. - Association Marketing Specialists

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**Indiana State
NSCA Clinic**

Saturday, April 25, 2009
see inside for more details...