

The Indiana Athletic Trainers Association is committed to providing quality healthcare for Hoosiers and strives to advance the athletic training profession.

[WWW.IATA-USA.ORG](http://WWW.IATA-USA.ORG)

## President's Message

*"...Be an example YOU would be proud of."  
unknown*

### Passion...Do You Have It?

As we leave 2010 behind us and look ahead to 2011, we as professionals need to take a minute to re-examine our purpose to the profession of athletic training. Many of our colleagues have been in the local, district and national media for a variety of issues and events. Proclaiming the importance of our profession through topics such as concussion evaluation and management, legislative initiatives and revenue debates. As all of you know, our profession has grown in numerous directions throughout the years. Becoming more visible, more technological, more educational and more specific in its delivery, to name a few. The question I have for you today is; "Do you have the PASSION for your job and profession?" With the many venues in which we provide our services, job responsibilities vary greatly. Yet, one idea always remains constant: helping people. This being said, it is up to each of us to promote and energize the profession of athletic training.

From my personal experience, I have been extremely fortunate to have enjoyed each athletic training experience I have encountered in my career. The variation of athletes (age, skill level, sport or job setting) keep me motivated each day. We as individuals can only control certain things in life. We need to focus our energy on those aspects of life we can control. One example is our attitude toward our profession or job. You might not be able to control all aspects of the position, but you can control your reaction to those situations. I do believe a strong support network can be beneficial and this is one area GLATA can assist its' membership. As simple as calling, emailing or texting a colleague can give a needed jump start.

Professional involvement in GLATA is another way to expand our knowledge, scope and experience. Volunteers are always needed and welcomed at all levels of the NATA. State, District and National positions are available as an option to investigate. Finding an area that best suits you can be extremely helpful in your personal and professional



*John Locke, LAT, ATC*

**MARCH 2011**

*Indiana Athletic Trainers Association*

[WWW.IATA-USA.ORG](http://WWW.IATA-USA.ORG)

The IATA is recognized by the Indiana State Medical Association Commission on Sports Medicine and the Governor's Council for Physical Fitness and Sports Medicine.

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## Upcoming Issue

Content Due	Newsletter Out
April 15	May 1



*Date Subject to Change*

**IATA**  
*Executive Council*

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jlocke4@indy.rr.com

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For information covered in this electronic newsletter or to submit articles or ideas, please contact the IATA Communications Chair:

Betsy Halwes

bhalwes@hotmail.com

*Memorials*

Please forward all notices of memorials to:

Jeff Stein, LAT, ATC,  
DPT

jstein@purdue.edu

development. Join a team of colleagues that are striving to make our profession the best it can be for the future. Do you have the PASSION?

*Until next time, follow your heart and be a great service to others.*

John Locke, EdD, LAT, ATC  
President, IATA



**IATA Website Information - Members Only**

*The IATA website has been upgraded, and with that a new members only section has been established. We are still working on all the content for the members only area. New features to this area will include:*

- IATA Board Meeting Minutes
- IATA Treasurer's Reports
- IATA Member Directory

*The login information for all IATA members is as below:*

*Username: member@iata-usa.org*

*Password: pinkynewell*



**IATA Night at the Indiana Ice**

As part of National Athletic Training Month, the Indiana Athletic Trainers Association is hosting a *Night at the Indiana Ice on Saturday, March 26th*. We will have a pavilion for dinner and section of seats for the game at the Pepsi Coliseum on the Indiana State Fairgrounds. *Game time is 7:05 PM*, but doors open at 6:00 PM and dinner will be set out then. We would like to invite you and your families to join us for the evening. Barb Caton and Bernie Stento, 2010 Hall of Fame inductees, will "Drop the Puck" before the game and we will honor all of our 2010 Award Winners at that time.

IATA members can purchase a game ticket and dinner for \$10 and any guests you would like to bring can purchase a ticket and dinner for \$15 each. Tickets can be purchased on the Events page under the Calendar Tab of the IATA website: <http://iata-usa.org/Events> through Wednesday, March 23rd. Tickets will be available for pick up at Will Call before the game.

*Please join us in celebrating National Athletic Training Month and honoring our Award Winners.*



**IATA Member Receives GLATA Award**

Rick Shaw, IATA Past President and Governmental Affairs Chair is receiving the Golden Pinnacle Award at GLATA next week. Be sure to show your support if you will be attending GLATA. Congratulations Rick!

## **Ball State Hosts 8th Annual High School Student Athletic Training Workshop**

Ball State University will be hosting the 8th annual High School Student Athletic Training Workshop July 13-16, 2011. The workshop will feature both basic and advanced track sessions and labs to cover a wide range of experiences for the high school student athletic trainer. If you have students that would have an interest in attending please contact Troy Hershman @ 765 285-5843 or tchershman@bsu.edu for more information.



## **2011 All-Star Certified Athletic Trainers Needed**

The IATA Executive Committee is seeking willing members to provide our unique services to the Indiana Softball, Baseball and Football All Star games this summer. This is a wonderful opportunity to represent our profession and promote the Indiana Athletic Trainers Association to members of the public and coaching staff who may not have the benefit of a Certified Athletic Trainer in their regular settings. Softball will be held at Cherry Tree Complex in Carmel on June 24 and 25. Baseball will be held in Fort Wayne July 8-9-10. Football will be July 15 at North Central in Indianapolis.

The IATA has a long standing relationship with the Indiana Softball, Baseball and Football Coaches Associations and these organizations have asked for our assistance in putting on quality programs to honor their outstanding seniors.

Please take a moment to nominate a deserving certified member of the IATA (including yourself) to a part of the 2011 Summer All Star Series for Softball, Baseball or Football. Preliminary nominations will be accepted by April 1, 2011, and should include the CV/ Resume' and Indiana license number. For more information and submission of nominations, please contact Jan Clifton, IATA All-Star Committee Chair, 765-649-2928, 765-425-7373, JMClifto@stvincent.org.



## **Legislative Message from IATA President**

This has become a very exciting time for the athletic trainers of Indiana. Our House Bill #1467 started the week of February 10 being presented by Representative Bob Heaton from Terre Haute. Wednesday the Insurance Committee passed it 9-0 and sent to the House floor for its second and third readings. It passed the House vote on Tuesday evening by a 94-0 margin. It is now time for the Senate to go to work on it. Senators Miller and Broden will co-author the bill in the Senate. It will be assigned a committee (unknown at this time) and be scrutinized by the members of that committee.

I am very excited and optimistic concerning our athletic training bill. I want to thank all of you who have taken time to contact your representatives. I believe this had a very positive effect on our success of the bill. The next step is also vital. Please contact your senators to provide them with the important information about the House Bill #1467. Ask them to support our bill. The IATA will provide you with the pertinent information as soon as it is available to us. We will do this through e-Blasts and website additions. Once again, thank you for your support and let's complete the task in the Senate.

### **IATA**

#### *Committees*

##### **Education**

Adam Thompson  
*adam.thompson@indwes.edu*

##### **Finance**

Pete Dewar  
*pdewar@email.arizona.edu*

##### **Governmental Affairs**

Rick Shaw  
*rick.shaw@amfam.com*

##### **Revenue**

Kip Smith  
*wksmith@indiana.edu*

##### **Membership**

Barb Caton  
*b.caton@insightbb.com*

##### **Diversity**

Becky Clifton  
*bclifton@nafcs.k12.in.us*

##### **Honors & Awards**

Bernie Stento  
*bstento@duneland.k12.in.us*

##### **Memorial Resolutions**

Jeff Stein  
*jlstein@purdue.edu*

##### **All Stars**

Jan Clifton  
*JMClifto@stvincent.org*

##### **High School**

Jim Miller  
*jwmiller@warrick.k12.in.us*

##### **College/University**

Jennifer Popp  
*jenpopp@anderson.edu*

##### **Professional**

Erin Barill  
*erin.barill@colts.nfl.net*

##### **Clinical/Industrial/Corporate**

Jill Quigley  
*jillquigley2003@gmail.com*

##### **Communications**

Betsy Halwes  
*bhalwes@hotmail.com*

##### **Student Representatives**

Lucas Dargo  
*liddargo@bsu.edu*  
  
Amy Gibson  
*agibson@franklincollege.edu*

## IATA Corporate Sponsors

Click on Sponsor Logo to link to their web site.

### Elite Level



**Shelbourne Knee Center**  
at IU Health Methodist Hospital



St. Vincent Sports Performance

### Gold Level



### Bronze



## IATA Governemental Affairs - 2/16/11

House Bill 1467 passes the House of Representatives. Our Bill for Athletic Trainer Reimbursement was approved in the House of Representatives (94-0) and has moved to the Indiana Senate, where we are awaiting committee assignment. Senator Patricia Miller (Indianapolis) and Senator John Broden (South Bend) will sponsor House Bill 1467 in the Senate.

Representative Bob Heaton (SE Terre Haute) is our author and Representative Peggy Welsh (Bloomington) and Representative Ron Bacon (Evansville area) are our co-authors. They have been instrumental in our success to date.

All IATA members are requested to contact your State Senator IMMEDIATELY and request their support of HB 1467.

Our proposed legislation (HB 1467) will expand access for Hoosiers and will allow physicians to choose how and to whom to delegate the delivery of physical medicine and rehabilitation services.

Our proposed legislation (HB 1467) is not a mandate of insurance reimbursement for anything not currently provided to our Hoosier patients, but rather simply seeks reimbursement for services an athletic trainer has been educated to provide and licensed to perform in Indiana. It does require reimbursement under a policy of accident and sickness insurance or health maintenance organization contract for services provided by a licensed athletic trainer.

Please Contact YOUR State Senator!

To find your Legislator, go to <http://district.iga.in.gov/DistrictLookup/> and enter your address.

If you need help, have questions or need clarification, contact Rick Shaw at e-mail [RICKASHAW@aol.com](mailto:RICKASHAW@aol.com) or by phone (317) 839-5433. Your profession needs your support and participation! Please ask your State Senator for support of House Bill 1467 now!



## ARCHIVING OUR STATE ASSOCIATION'S HISTORY AND TREASURES

### ...Membership help needed!

During the past five years, the Great Lakes Athletic Trainers' Association (GLATA) and the Illinois Athletic Trainers' Association have archived their association's history. GLATA has 43 cases of archived information, trinkets and photos housed in a library on the campus of Purdue University in West Lafayette. Weather, time or natural disasters will not be able to harm these important documents. The time has come for the Indiana Athletic Trainers' Association (IATA) to also take that step to preserve and protect its history for future generations to enjoy.

The process will include (1) collecting records and documents, placing in folders, properly categorizing and placing in specially made archiving storage cases; (2) completing an inventory of each box contents; (3) searching for a college or university library to house our IATA collection; (4) passing along procedures for future archiving and (5) disseminating pertinent information to the membership. By taking these steps, we will allow our members, the media and the general public the opportunity to research information and will provide a permanent place for future generations to continue archiving important documents. *(continued on page 5)*



**ARCHIVING OUR STATE ASSOCIATION'S HISTORY AND TREASURES...Membership help needed!**

Here is how you (IATA members) can help / get involved:

All IATA members (especially those that have ever served as an IATA elected officer or on the Executive Council, chaired or served on a committee or sub committee from 1984 – present), please gather any items (documents such as meeting minutes, photos, programs, etc.) that have either been passed along to you or you have collected / generated while serving an IATA position. Label with sticky note all items (identify what each item is, date if known) and put in an envelope or zip lock bag to preserve / protect from weather. If possible, do not fold papers. Also include your name, e-mail address and phone number so the task force will have contact information. Mail items that you are willing to donate to:

Marion Vrugink, ATC., LAT  
IATA History and Archives Chairperson  
West Lafayette Jr. / Sr. High School - 1105 North Grant Street - West Lafayette, Indiana 47906  
765-746-0424

*•Volunteer to serve on the task force to help sort and place documents in folders. The task force will especially need a few Past Presidents to serve. After the documents and records have been collected, we will have a better idea of how many members we will need to serve on the task force. Please let Marion know if you are interested. Thanks to all in advance for your help. Marion Vrugink (vrugginkm@wl.k12.in.us)*



## **IATA Pop Tab Contest**

As we have done the past few years, we will be continuing our annual pop tab contest. In an effort to help promote National Athletic Training Month, the student representatives to the IATA Executive Board have put together a community service challenge that will be fun, easy, and rewarding. We are asking that all programs collect as many pop tabs as possible for The Ronald McDonald House of Indiana. The Ronald McDonald house is a facility that provides a place for families of children that are being treated at Riley Children's Hospital to stay for free. This amazing service doesn't come without cost though. The Ronald McDonald House relies almost entirely on donations and fundraising to keep its doors open for families in need.

This is where the IATA and the ATEP institutions come in. We are asking that all programs begin collecting aluminum pop tabs as a way of raising funds for the Ronald McDonald House. On the IATA website you will find flyers that promote the campaign and information about how to go about dropping off the pop tabs for collection. As not all schools are located within a reasonable distance to Indianapolis, there is a list of locations that have agreed to accept collected pop tabs for cash, which can then be sent to the Ronald McDonald House (see the "Dropping Off Your Tabs" flyer for more information). We are asking, however, that student panel members from each school attempt to bring the pop tabs to a donation/ volunteer day at the Ronald McDonald House – if possible. They will have more information on this shortly, so please communicate with them if applicable.

As a reward to the school that collects the most, by weight in pop tabs, the IATA Executive Board has agreed to issue a FREE institutional membership for the 2011 fall meeting. This will allow for as many students from that institution to attend the meeting for free! We ask that each program use the honor system in taking final weights and submit them to Lucas Dargo (lddargo@bssugmail.net) by midnight on March 31st. We are also asking, due to the continuing nature of this contest, that schools submit all pop tabs that they collect this year, and start anew for next year come April.

On behalf of the IATA Executive board we thank you for your time and help with this project and support of National Athletic Training Month! Please feel free to contact Lucas or myself with any questions during this campaign or in regards to any other student issues with the IATA.

Alyssa McPherson - Out-going Student Representative for the IATA Executive Board

Lucas Dargo - Current IATA Student Representative, Ball State University Junior

Amy Gibson - In-coming IATA Student Representative, Franklin College Sophomore

*SAVE THE DATE!*

*IATA 2011 Golf Outing - July 8, 2011*  
Cattails Golf Club in Elwood, IN  
9273 W. 1050 N., Elwood, IN 46036

11:00 AM - Registration

11:30 AM - Lunch

1:00 PM - Shotgun Start

Registration will open on March 15 on the IATA website!



*SAVE THE DATE!*

*IATA 2011 Summer Symposium - July 13-14, 2011*  
Indianapolis, IN

More Details Coming Soon!!



## **Licensed Athletic Trainers Political Action Committee (LAT-PAC)**

### **Why was LAT-PAC formed?**

LAT-PAC was formed to empower Indiana Athletic Trainers to be more involved in the determination of state laws and policies. IATA decided to create a mechanism that would allow the athletic trainer profession to channel its financial and grassroots support to help elect candidates to the state legislature who are responsive to the athletic trainer profession's goals and viewpoints.

### **The purposes of the LAT-PAC:**

- Increase the awareness of the profession of athletic training to legislators within the State of Indiana;
- Utilize the political process to the advantage of the IATA;
- Further the interest of the IATA by endorsing candidates and contribute funds to endorsed candidates;
- Encourage athletic trainers to be active participants in the governmental process and lastly;
- Organize fund raising events to support future LAT-PAC legislative efforts.

### **I already pay NATA & IATA dues! Why contribute to LAT-PAC?**

- NATA & IATA dues can not be used for contributions to candidates
- LAT-PAC helps us influence individuals who support IATA views to the state legislature
- LAT-PAC provides vital access to Members of the Indiana State Legislature and their staff to talk about legislative and regulatory issues
- Other groups have PACs. Let the athletic trainer profession be the voice of ATCs, not some other occupation or group

### **LAT-PAC (Licensed Athletic Trainers Political Action Committee):**

#### **PAC Members**

Clark Simpson, LAT, ATC

Chair

Kent Evans, LAT, ATC

Treasurer