

President's Message

*"...Be an example YOU would be proud of."
unknown*

Is it January already? We have completed the Fall Sports Medicine Symposium, Awards Banquet and Business Meeting and as expected, it went well with many topics discussed and friends renewed.



John Locke, LAT, ATC

Educational topics included:

- Spinal injuries with Henry Feuer,
- Chronic stress and burnout by Adam Thompson,
- Periphery nerve pathology by Jeff Stein,
- Kinesiotaping by Barbara Humphrey,
- Concussion updates with Dr. Todd Arnold and Dr. Pat Kersey,
- Infectious diseases in sport by Dr. Michael Krause,
- Adolescent specific injuries in sport with Dr. Daniel Kraft and
- Ergonomics by Mark Middlesworth.

I would like to thank the many people who had a part in the immense production of this meeting. The student portion of the meeting again exceeded expectations. It was encouraging to see so many students becoming involved in our educational sessions and networking with Indiana's professionals. I would personally like to congratulate the Quiz Bowl 2010 winner from Indiana Wesleyan University.

I need to throw out a reminder to all Indiana Athletic Trainers to donate \$5 to the LATPAC. This small amount will go along way if we all choose to participate. As you all know by now, this upcoming year in the General Assembly will be very important to us as a state and as a profession. With the help of many, we can promote our cause by making the LATPAC a leading force in our legislative efforts. Last year the membership stepped up to assist with personal contacts and mailings to their legislators on behalf of Indiana and the athletic training profession. With this level of commitment, I am confident that our bill will get approval and be a guiding light to other state organizations. This is another big step in our journey to make licensed athletic trainers in the State of Indiana a more viable and visible option for physicians to utilize to provide physical rehabilitation for ALL people of Indiana. Be

JANUARY 2011

Indiana Athletic Trainers Association

WWW.IATA-USA.ORG

The IATA is recognized by the Indiana State Medical Association Commission on Sports Medicine and the Governor's Council for Physical Fitness and Sports Medicine.

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Upcoming Issue

Content Due	Newsletter Out
February 15	March 1



Date Subject to Change

IATA
Executive Council

President

John Locke, EdD, LAT, ATC
jlocke4@indy.rr.com

President Elect

Scott Lawrance, LAT, ATC
scott.lawrance@sbcglobal.net

Past President

Craig Voll, LAT, ATC
cavoll@purdue.edu

Secretary

Jessica Emlich, LAT, ATC
jemlich@franklincollege.edu

Treasurer

Justin Miller, MS, LAT, CSCS
justin-miller@sbcglobal.net

IATA Central Office

Ann Ninness & Casey Roell
317-484-2630
casey@centraloffice1.com



For information covered in this electronic newsletter or to submit articles or ideas, please contact the IATA Communications Chair:

Betsy Halwes
bhalwes@hotmail.com

Memorials

Please forward all notices of memorials to:

Jeff Stein, LAT, ATC,
DPT
jstein@purdue.edu

aware that you will be asked to assist the efforts to contact your legislators to promote the profession of athletic training and the importance of our daily activities.

As President, my goal is to continue to increase the strong commitment of our members and add additional energetic athletic trainers from all parts of the state to assist the ongoing leadership activities we have in place and yet to come. If any of you have the desire to help in any way, please contact me. Opportunities are many. If you are interested in serving on a committee (listed on the web site), in helping to organize an event, or learning how our organization works; there are spots for you in our association. We are a volunteer organization and your participation is very important to our success.

History and Archives sub-committee has initiated a request to the membership for contributions of any historic documents, pictures and important information. The committee will begin the archival process to keep our 'history and treasures' safe and available to the membership for reference and research purposes. These documents were collected at the Fall Meeting and will continue to be accepted through the H & A Chair, Marion Vrugink. Please contact Marion (contact information can be located on the IATA website) if you have anything to donate or would like to assist in the process of securing these documents.

The Executive Board values your opinions and we would like to hear any new ideas, concerns, or comments from our members. You can reach any of the Executive Board members by email or by phone (available on the website). Please keep in mind the importance of acting professional in our daily duties, giving the best care possible, and having a passion for our profession as representatives from our Association. We are recognized by our personal approach to people and our commitment to our profession.

Until next time, follow your heart and be a great service to others.

John Locke, EdD, LAT, ATC
President, IATA



IATA Website Information - Members Only

The IATA website has been upgraded, and with that a new members only section has been established. We are still working on all the content for the members only area. New features to this area will include:

- IATA Board Meeting Minutes
- IATA Treasurer's Reports
- IATA Member Directory

The login information for all IATA members is as below:

*Username: member@iata-usa.org
Password: pinkynewell*

NATA Young Professionals

The NATA Young Professionals' Committee is looking for Young Professionals (YPs) interested in volunteering for our Athletic Training Education Program (ATEP) – Outreach initiative. The goals of this initiative are to interact with future young professionals, discuss leadership opportunities at national, district and state levels, encourage early and continued involvement with the NATA and its programs, and provide students with resources for success as an entry-level athletic trainer. The NATA YPC is confident that you can serve as model YP and trust that you can represent our profession and the YPC with class and distinction. We now invite you and call upon your help to deliver our message to a local ATEP. Please contact the NATA YPC District 4 Representative, Ashley Minnick (ashley.e.minnick@gmail.com), if you are interested in volunteering for this project.



IATA Student Corner

It is hard to believe that this year's Fall Student Symposium is now complete. We had a total of 260 students register over the two days, which is very impressive. I appreciate everyone's attendance and can not wait to start planning for next year. Alyssa and I were able to meet with most of the Student Panel members. We look forward to seeing this new coalition in action in the year ahead. I would like to congratulate a team from Indiana Wesleyan University on being this year's winner of the IATA Quiz Bowl (pictured below). The IATA would like to wish them the best of luck at the GLATA Quiz Bowl in March. In addition, I would also like to thank everyone who donated blood this year. The Indiana Blood Center was able to collect 14 units of blood potentially helping 42 different people. This year for the first time there was a competition between the 10 Indiana Athletic Training Education Programs in which there was a tie for first place between the University of Indianapolis and Ball State University. Both schools should be receiving their plaques from the Indiana Blood Center by the end of this month. Lastly, please remember that we are continuing to collect pop tabs for Riley this year. They are all due in late March when we hope to have the top tabs delivered by a representative from each school where they will go to Riley Children's Hospital. The winner of this competition will receive a free educational partnership to next Fall's Meeting. As always if you have any questions or concerns please don't hesitate to email me at lddargo@bsu.edu.



2010 IATA Quiz Bowl Winners



Quiz Bowl Winners are Seniors from Indiana Wesleyan University.

Pictured from Left to Right: Nathan Miller, Megan Marshall and Taryn Cocallas

IATA

Committees

Education

Adam Thompson
adam.thompson@indwes.edu

Finance

Pete Dewar
pdewar@email.arizona.edu

Governmental Affairs

Rick Shaw
rick.shaw@amfam.com

Revenue

Kip Smith
wksmith@indiana.edu

Membership

Barb Caton
b.caton@insightbb.com

Diversity

Becky Clifton
bclifton@nafcs.k12.in.us

Honors & Awards

Bernie Stento
bstento@duneland.k12.in.us

Memorial Resolutions

Jeff Stein
jlstein@purdue.edu

All Stars

Jan Clifton
JMCliffo@stvincent.org

High School

Jim Miller
jwmiller@warrick.k12.in.us

College/University

Jennifer Popp
jenpopp@anderson.edu

Professional

Erin Barill
erin.barill@colts.nfl.net

Clinical/Industrial/Corporate

Jill Quigley
jillquigley2003@gmail.com

Communications

Betsy Halwes
bhalwes@hotmail.com

Student Representatives

Lucas Dargo
lddargo@bsu.edu

Amy Gibson
agibson@franklincollege.edu

IATA Corporate Sponsors

Click on Sponsor Logo to link to their web site.

Elite Level



Shelbourne Knee Center
at IU Health Methodist Hospital

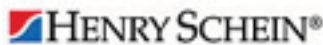


St. Vincent
Sports Performance

Gold Level



Bronze



Henry Feuer, MD



Hall of Fame Display

The Indiana Athletic Trainers' Association Hall of Fame is an exhibit designed at recognizing certified athletic trainers who have demonstrated excellence in their daily practice and careers. The exhibit features the Athletic Trainer of the Year award for multiple practice settings: College/University, High School, and Clinic/Professional. The Hall of Fame was initiated in 1990 and honors certified athletic trainers with 15+ years of noteworthy service to an Indiana institution or organization. The Hall of Fame was housed in Hinkle Fieldhouse at Butler University from 1995-2007. After a few years without a permanent home, the exhibit has been re-displayed at the Recreation & Wellness Center at Indiana Wesleyan University.



ARCHIVING OUR STATE ASSOCIATION'S HISTORY AND TREASURES ...Membership help needed!

During the past five years, the Great Lakes Athletic Trainers' Association (GLATA) and the Illinois Athletic Trainers' Association have archived their association's history. GLATA has 43 cases of archived information, trinkets and photos housed in a library on the campus of Purdue University in West Lafayette. Weather, time or natural disasters will not be able to harm these important documents. The time has come for the Indiana Athletic Trainers' Association (IATA) to also take that step to preserve and protect its history for future generations to enjoy. *(continued on page 5)*

ARCHIVING OUR STATE ASSOCIATION'S HISTORY AND TREASURES...Membership help needed!

The process will include (1) collecting records and documents, placing in folders, properly categorizing and placing in specially made archiving storage cases; (2) completing an inventory of each box contents; (3) searching for a college or university library to house our IATA collection; (4) passing along procedures for future archiving and (5) disseminating pertinent information to the membership. By taking these steps, we will allow our members, the media and the general public the opportunity to research information and will provide a permanent place for future generations to continue archiving important documents.

Here is how you (IATA members) can help / get involved:

•All IATA members (especially those that have ever served as an IATA elected officer or on the Executive Council, chaired or served on a committee or sub committee from 1984 – present), please gather any items (documents such as meeting minutes, photos, programs, etc.) that have either been passed along to you or you have collected / generated while serving an IATA position. Label with sticky note all items (identify what each item is, date if known) and put in an envelope or zip lock bag to preserve / protect from weather. If possible, do not fold papers. Also include your name, e-mail address and phone number so the task force will have contact information. Mail items that you are willing to donate to:

Marion Vrugink, ATC., LAT
IATA History and Archives Chairperson
West Lafayette Jr. / Sr. High School - 1105 North Grant Street - West Lafayette, Indiana 47906
765-746-0424

•Volunteer to serve on the task force to help sort and place documents in folders. The task force will especially need a few Past Presidents to serve. After the documents and records have been collected, we will have a better idea of how many members we will need to serve on the task force. Please let Marion know if you are interested.

Thanks to all in advance for your help. Marion Vrugink (vrugginkm@wl.k12.in.us)



IATA Governmental Affairs

All IATA members are requested to contact your State Representative IMMEDIATELY and request their support of HB 1467. Representative Bob Heaton (SE Terre Haute) is our author AND Representative Peggy Welsh (Bloomington) and Ron Bacon (Evansville area) are our co-authors. House Bill 1467 has been assigned to the House of Representatives Insurance Committee.

Our proposed legislation (HB 1467) will expand access for Hoosiers and will allow physicians to choose how and to whom to delegate the delivery of physical medicine and rehabilitation services.

Our proposed legislation (HB 1467) is not a mandate of insurance reimbursement for anything not currently provided to our Hoosier patients, but rather simply seeks reimbursement for services an athletic trainer has been educated to provide and licensed to perform in Indiana. It does require reimbursement under a policy of accident and sickness insurance or health maintenance organization contract for services provided by a licensed athletic trainer on an equal basis to reimbursement under the policy or contract for the health care services rendered by other health care providers.

Please Contact YOUR State Representative!

To find your Legislator, go to <http://district.iga.in.gov/DistrictLookup/> and enter your address.

It is also very important to contact members of the House of Representatives Insurance Committee and request their support of HB 1467,

- Chair Matthew Lehman – Allen/Adams/Wells Counties,
- Jerry Torr – Carmel/Fishers/Westfield,
- Vice Chair, Bruce Borders - Jasonville,
- Kevin Mahan - Blackford & Grant Counties,
- Woody Burton – Greenwood/Whiteland/Franklin,
- Craig Fry – Elkhart & St. Joseph’s Counties,
- David Frizzell – Marion/Johnson Counties,
- Jeb Bardon – Wayne & Decatur Twp in Marion County,
- Bob Heaton - Vigo/Clay Counties,
- Charlie Brown - Lake and Porter Counties,
- Cindy Kirchhoffer – Eastern Marion County,
- Phil GiaQuinta - Allen County,
- Gregory Porter – Central Indianapolis

If you need help, have questions or need clarification, contact Rick Shaw at e-mail RICKASHAW@aol.com or by phone (317) 839-5433. Time is critical and your profession needs your participation! Please ask for support of House Bill 1467 now!

Attention ATs Traveling To Michigan

Recently Michigan completed the rules and regulations for the practice of athletic training. Upon review of the rules, Ohio had questions in regards to “R 338.1369 Delegation and supervision; requirements.” The following questions were sent by the Ohio OTPTAT Board, and the answers were provided by the Michigan Bureau of Health Professions:

1. An Ohio licensed athletic trainer who works for Ohio State University travels to East Lansing for a basketball game. Does the Ohio licensed athletic trainer need to have the Michigan State University athletic trainer present when he tapes the OSU athletes before the game?

What about when the Ohio athletic trainer evaluates an injury on the court?

A) No, the Michigan licensed athletic trainer is not required to be physically present when the Ohio licensed athletic trainer tapes an athlete before the game or evaluates an injury on the court. However, the Ohio athletic trainer must have delegated authority to practice from the Michigan licensed athletic trainer OR the Ohio athletic trainer will have to obtain a Michigan license.

2. Is the Ohio licensed athletic trainer subject to Michigan’s athletic training laws when practicing in Michigan? If an athlete is injured by the athletic trainer, would they be subject to discipline by the state of Michigan?

A) An Ohio licensed athletic trainer practicing in Michigan under delegated authority by a Michigan licensed athletic trainer is subject to Michigan’s athletic training laws. The Michigan licensee who delegated to the Ohio licensee would be subject to review and the Ohio licensee could potentially be subject to discipline in Michigan as well. The Ohio licensee actions could also be reported to the Ohio Board.

3. If the Ohio licensed athletic trainer practices incompetently and injures an athlete during the course of treatment, would the Michigan athletic trainer who “delegated” to the Ohio athletic trainer be subject to discipline in Michigan since rule 338.1369 (2) states that the licensee is responsible for the performance of a delegated task.

A) Potentially. It is difficult to give an absolute answer with a hypothetical situation. Each situation would be investigated and evaluated on its own merits.

4. How would the delegation need to be documented? Verbal or written?

A) Written documentation of the delegated authority.

5. Paragraph (2)(a) of the rule states that the Michigan licensee must “determine that the act, task, or function is within the scope of practice of a licensed athletic trainer.” Is this based on the athletic training scope of practice in Michigan or the legal scope of practice in the state where the visiting athletic trainer is licensed? What happens if the home state’s scope is broader than Michigan’s? Is the athletic trainer limited to only working within the Michigan scope? If yes, how would the visiting athletic trainer know what that scope includes?

A) This is based on the scope of practice under Michigan law. If the Ohio athletic trainer has a broader scope of practice in Ohio that does not necessarily follow him/her to Michigan. The Ohio athletic trainer is limited to working within the Michigan scope. It is the responsibility of the Ohio athletic trainer to familiarize himself/herself with the Michigan laws and rules.

6. Paragraph (2)(a) of the rule also states that the Michigan licensee must “determine that the act, task, or function does not require a skill level that is higher than the skill level of the licensee.” How would the Michigan athletic trainer make a determination on the skill level of a visiting athletic trainer?

A) The Michigan laws and rules do not specify the manner in which a Michigan licensed athletic trainer shall evaluate the abilities and skill level of another athletic trainer. As the licensing agency, we have not attempted to further define this.

7. Paragraph (2)(b) of the rule states that the Michigan At must “determine that the individual to whom an act, task, or function has been delegated possesses the necessary knowledge and skills for the delegated assignment to be completed safely and competently.” As noted in question 6, how would the Michigan athletic trainer make a determination on whether or not the visiting AT possesses the necessary knowledge and skills?

A) Same response as question 6.

Attention ATs Traveling To Michigan *(Continued)*

8. Based on the provisions contained in paragraphs (2)(a)&(b) of the rule, what would happen if a Michigan licensed athletic trainer refused to delegate to the visiting athletic trainer (e.g.: concerned that they'd but their Michigan license in jeopardy if they didn't feel comfortable make a judgment about the competency and skills of the out of state athletic trainer)? Would the out of state athletic trainer be prohibited from treating the members of their own team?

A) If the Ohio athletic trainer does not have delegated authority to practice in Michigan, he/she will have to obtain a Michigan license in order to practice in Michigan.

9. Finally, we have heard that there is proposed legislation that would exempt all health care professions traveling with out of state organizations/groups/teams from the Michigan licensure laws. Is that correct? If so, do you know the status of that legislation?

A) There have been some general discussions on this, specifically with regard to health professionals travelling with teams (not any other outside organizations). However, legislation has not been introduced and we do not know if such legislation will be introduced.

In summary, if your team is traveling to Michigan, you must prepare in advance and comply with Michigan's law. If you have questions, please contact the Michigan Athletic Trainer Board at bhphelp@michigan.gov.

In the end, the AT is responsible for knowing the athletic training laws in all states that they may practice. If you have questions related to this matter, the BOC has contact information and links to all state regulatory agencies on the BOC website.



Licensed Athletic Trainers Political Action Committee (LAT-PAC)

Why was LAT-PAC formed?

LAT-PAC was formed to empower Indiana Athletic Trainers to be more involved in the determination of state laws and policies. IATA decided to create a mechanism that would allow the athletic trainer profession to channel its financial and grassroots support to help elect candidates to the state legislature who are responsive to the athletic trainer profession's goals and viewpoints.

The purposes of the LAT-PAC:

- Increase the awareness of the profession of athletic training to legislators within the State of Indiana;
- Utilize the political process to the advantage of the IATA;
- Further the interest of the IATA by endorsing candidates and contribute funds to endorsed candidates;
- Encourage athletic trainers to be active participants in the governmental process and lastly;
- Organize fund raising events to support future LAT-PAC legislative efforts.

I already pay NATA & IATA dues! Why contribute to LAT-PAC?

- NATA & IATA dues can not be used for contributions to candidates
- LAT-PAC helps us influence individuals who support IATA views to the state legislature
- LAT-PAC provides vital access to Members of the Indiana State Legislature and their staff to talk about legislative and regulatory issues
- Other groups have PACs. Let the athletic trainer profession be the voice of ATCs, not some other occupation or group

LAT-PAC (Licensed Athletic Trainers Political Action Committee):

PAC Members

Clark Simpson, LAT, ATC
Kent Evans, LAT, ATC

Chair
Treasurer

Thomas A. Brady, MD Comeback Scholarship Award

Dear Athletic Professional,

The Methodist Sports Medicine Research and Education Foundation will be presenting the 6th Annual Thomas A. Brady, MD Sports Achievement Awards & Dinner on April 28, 2011 at Indiana Roof Ballroom downtown Indianapolis. At this time we will be honoring two Lifetime Achievement Awards recipients – golf legends, Alice and Pete Dye. We will be also presenting four \$1,000 Comeback Scholarship Awards to student-athletes at the collegiate and high school levels who have overcome adversity or injury. In addition the IHSAA will be apart of this event as they present 12 scholarships to student athletes.

Click here for the Thomas A. Brady, MD Comeback Scholarship Award nomination form. The award committee is asking each school to nominate one male and one female student-athlete who have distinguished themselves by overcoming adversity or injury, and returned and excelled beyond expectations in their respective sports. The committee will select four student-athletes, one male and one female, from the universities and colleges, and one male and one female from the high schools in Indiana as the Thomas A. Brady, MD Comeback Scholarship Award winners.

The deadline for nominations is February 11, 2011.

Thank you for helping us recognize a student-athlete from your institution who has overcome injury or adversity and continued to excel in sports and life. If you require additional information, please contact me at 317/817-1258 or via e-mail at dthornton@methodistsports.com.

Sincerely,

Doug Thornton, Executive Director

SAVE THE DATE!
IATA Summer Symposium - July 13-14, 2011 - Indianapolis

WELCOME NEW 2011 IATA MEMBERS!

Melissa Bell
Greencastle, IN

Sara Kuhns
Kokomo, IN

Derek Beeler
Valparaiso, IN

Tim Kulinski
Griffith, IN

Krystal Brazel
Bringinghurst, IN

Sara Myers
Indianapolis, IN

Kara Campbell
Greencastle, IN

Justin Pettit
Lawrenceburg, IN

Ryan Fought
Culver, IN

Deborah Shaw
Marion, IN

Stacy Ison
Indianapolis, IN

Jordan Shown
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